



*We learn. We show respect.
We are safe.*

Thursday 18th October 2018

"Golden Past, Bright Futures"

Canterbury Street, Vic. 3370
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Email: clunes.ps@edumail.vic.gov.au

Clunes Primary School Newsletter

UPCOMING EVENTS

Please see our Term 4 Calendar Draft 2 on the back page

Monday 12 November **STUDENT FREE DAY**

*Year P/1, 1/ 2, 2D, 3D and 3 /4 Swimming Permission Forms **MUST** be back by the end of this week.
Not attending? Please let us know.

Prep 2019 enrolments completed before Monday 10th December please!

Dear Parents/Caregivers,

Book Fair this week!

Our annual Book Fair fundraiser is here again. This week it will be held in the LOTE (Japanese classroom) every day: Before School: 8.30- 8.45am, at Recess from 11.00- 11.20am and After School from 3.05- 4.30pm. There will be a late night shopping opportunity this Friday evening until 7pm. There is a terrific selection of books and it is a good opportunity to buy some presents for upcoming special events! There will be a Raffle as in previous years. Thank you for supporting this fundraiser. Thanks Mrs. B!



Rolling Facilities Evaluation Condition Assessment Report

School Number: 1552
School Name: Clunes Primary School
Date of Assessment: 17/07/2018
Date Report Issued: 3/10/2018

Rolling Facilities Evaluation

Earlier this year the Department of Education via Macutex conducted a Rolling Facilities Evaluation of our entire school and site. We were one of the first schools to have this new process completed.

We have now received an extensive Condition Assessment Report (35+ pages) and some additional funding to assist with addressing identified priority areas.

Overall, the school is considered to be in 'Fair' condition.

Over the next 6-12 months training and then implementation of a new School Maintenance System will begin. We will utilise the new additional funding, allocated money from our annual School's Resource Package and some previously held fundraising \$, (where our targeted project is beyond general expected maintenance eg. Our school's Master Plan).

Our School Council team is an essential facilitator in this area. Should you wish to peruse the Report please see Sonia.

**Best wishes to you all for a positive fortnight ahead!
Kind regards, Sonia & CPS staff.**

STUDENT OF THE WEEK AWARDS FOR TERM 4



Our Term 4 You Can Do It keys are:
Confidence and Resilience

Prep/ 1B - Sam	1/2H – Zarah
Year 2/ 3D – John	3/ 4LM- Lillian
4 /5T & 5/ 6A – Dale, Olivia and Kynan	
<i>School Captains Award- Senior School focus at Assembly! Individual class awards to 3 /4LM, 4 /5T and 5 /6A</i>	<i>Mrs Laurie's Award- Dale O'Hanlon Ms Jardine's Award- Chaplain's Award –</i>

Bus Travellers Awards: Congratulations to all bus travellers

Sports Congratulations- to our Regional Athletics participants!

Results: Ben O'B- Discus finished 5th, Kynan- 1500m finished 11th, Hannah T- Long Jump finished 11th & Lucan- 100m finished 4th.

CHAPLAIN'S CHAT

Did you know that the words THANK and THINK come from the same origin? This can therefore remind us that *thankfulness* comes from *thinking* about the blessings we have in our lives.

Helen Keller once said, "I have often thought it would be a blessing if each human being were stricken blind and deaf for a few days at some time during his early adult life. It would make him more appreciative of sight and the joys of sound."

Have a great week! Blessings. *Julie McDowell Chaplain*

As a Health Promoting School: ☺



Thirsty? Think Water

Water is the best drink for lunchboxes

Water has NO added sugar or kilojoules and best of all, it's FREE!





Hint: For warm school days, freeze a bottle of water the night before for your child's lunchbox. Cool water is much more appealing to drink.





\$500 to help with education costs for you or your children

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for education costs.

-  laptops & tablets
-  uniforms & shoes
-  vocational education
-  lessons & activities

To join Saver Plus you must meet all of the below criteria:

- have a Centrelink Health Care or Pensioner Concession Card
- be at least 18 years old
- have some regular income from work (you or your partner)
- have a child in school or attend vocational education yourself

Contact
your local Saver Plus Coordinator
Phone
Call or SMS your postcode to 1300 610 355
Email
saverplus@bs.org.au
Web
www.saverplus.org.au



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Extra- curricular activities

Extra-curricular activities Each school has a different range of activities other than normal classes – these are known as extra-curricular activities and include our incursions and excursions and multiple Clunes community commitments & events such as the Clunes Show, Book Town and ANZAC commemorations. Participating in an activity that extends what is studied in the curriculum or introduces something new, is a great way to try new things, learn new skills and have fun!

Benefits Extra-curricular activities help provide students with a well-balanced and enjoyable school experience. Students can gain or build friendships and pursue activities they may be interested in with like-minded students, or students with similar responsibilities, within their class, year level or multi age grouping.

Types of activities Our school offers many extra-curricular activities during and after our school hours. Extra-curricular activities include our student leadership programs and Focus Days. Energy Breakthrough, our Wesley students- Band, Eco- Warriors & Garden Club, student led clubs, discos, Walk to School and dress-up events are all extra-curricular activities. Even our up-coming Snail Races! 😊

Extra-curricular activities are all about participating and having a go. We are very proud of the extensive range of activities that we offer here. Feedback is always appreciated though. 😊

What is your child's favourite extra-curricular activity?



Tamati and Len using the new Make Do STEM equipment to create a spectacular vehicle!

PROTECT

Protecting children & young people from abuse is our responsibility



Child Safe Standards document held at the School Office.

The Victorian Government is committed to the safety and wellbeing of all children and young people. As part of the Victorian Government's commitment to implementing the recommendations of the Betrayal of Trust report, which found that more must be done to prevent and respond to child abuse in our community, there is a regulatory landscape surrounding child safety, underpinned by the PROTECT Child Safe Standards. The Child Safe Standards are compulsory minimum standards for all Victorian early childhood services and schools, to ensure they are well prepared to protect children from abuse and neglect.

At Clunes Primary School we have existing policies and procedures that aim to keep children safe. We have incorporated The Child Safe Standards to ensure that we provide a solid framework and focus to improve our policy and practices around child safety. Our Child Safe Standards support the school to embed a culture of no tolerance for child abuse but, where necessary, to respond appropriately. Please take the time to read the seven Standards. A copy is available for you to peruse, or to keep, at the Office at school and these documents are also found on the school's website.

The Humans of Clunes Project.

On Friday the 7th of September students of the 4/5 and 5/6 classes interviewed members of the wider Clunes community to ask them about their lives, as part of Clunes P.S.'s Humans of Clunes. This linked in with their Australian history projects.

The community members arrived at around 10:30, and listened to a short introductory speech, which was followed by the main interviews. Each group consisted of an interviewer, a camera operator and a director. The interviews commenced shortly after the directors directed the community members to their pre-set interviewing space.

The interviews lasted approximately 15 minutes each, and conversation flowed well. We heard many interesting stories and had our questions answered with thorough description. After the cameras were tuned off, there were conversations between all groups and community members, while early finishers waited for everyone else.

The community members were thanked by students and staff and were later escorted to the staff room for morning tea, while class resumed as per-usual. Recently students have worked on editing the videos of their groups' interview, so that the footage can be merged to create one single film masterpiece.



By Max H-D, Hannah T and Hannah F.



Asking
For
Trouble

“The
Bottle
Collector”

Free
performance
last day of
Term 3!
Enthralling!



Junior School Council
Footy Coin Line
fundraiser

\$213.50 raised!

Winning Team-
Hawthorn! 😊

(some of our
passionate Hawks
supporters- Olivia,
Campbell, Tamati,
Declan, Ryan and
Bethany



**Eco Warriors- focus on soft plastics!
 Assembly presentation and an impressive
 Power Point presentation to
 all senior classes as well!**



A little healthy
 Staff
 Competition!
 ☺

Testing out the
 new Make Do
 STEM
 resource.



WRAPPER FREE WEDNESDAY

Our team has been looking at WASTE and we would like our school to make less waste!

In Term 4 we would like all classes to participate in Wrapper free Wednesday.

We are doing this because:

- We want to reduce the amount of waste going to landfill (a big hole in the ground!)
- This is because waste that goes to landfill remains there for a long time.
- We want to encourage you to eat healthy snacks at school.
- Rather than using zip-lock bags you could use containers or potentially reuse the zip-lock bags more than one time before getting rid of them.

Each student with a wrapper free lunch box on a Wednesday can put a marble in their classroom jar (1/2H, 2/3D, 3/4LM, 4/5T and 5/6A). P/1B will receive token money reward of 10 cents to go in their money bag.

As well as Wrapper Free Wednesday we have also started recycling soft plastics. There is a bin for this in each classroom that has a fluoro pink coloured sign on the bucket and a list of what can and can't be put in the bin. The Eco Warriors have organised a schedule to collect these bins.

This soft plastic will then be taken to the supermarket (either Coles or Woolworths), where it is then sent to a manufacturer to make it into products like chairs, boardwalks, exercise equipment.

The Eco Warrior Team have also given each class a short PowerPoint presentation on this topic and given bins out.

If you have any questions please see the Eco Warrior Team – Xaiden-Lee, Reece, Declan, Grace, Harry, Lilly, Benji, myself (Elijah) or ask Mrs Laurie.

By Elijah Smith

VicHealth Walk to School

VicHealth Walk to School is on for the first four weeks (8th Oct- 2nd Nov). Children can walk or ride to school and home each day. They can also walk around the school walking track each day instead. Each walk enters them into a draw for prizes at the end of the four weeks.

Each week a trophy is given to the class which has completed the most walks. This trophy made and donated by the Daylesford Men's Shed was won this week by 2/3D.



Shoes with a Purpose.

With every pair of Student's Choice school shoes sold, you're helping State Schools' Relief to provide assistance to tens of thousands of Victorian students that need our help every year.

Our quality leather shoes can now be purchased online at www.ssr.net.au/shop and directly from 16 retail stores and outlets across Melbourne. All profits from the sales of these shoes are returned to the organisation to further benefit underprivileged students.



*Confidence
to connect*

STUDENT'S ✓ CHOICE

Sneaker/ Skate Shoe



Female Lace Up



Female T-Bar



Male Lace Up



AKA Embroidery
8/10 Norton Drive, Melton VIC 3337
Tel: (03) 9747 3885

Premiere Group
15 Goodyear Drive, Thomastown VIC 3074
Tel: (03) 9466 4250

Beleza Ballarat
22 Doveton St South, Ballarat VIC 3350
Tel: (03) 5332 4320

Beleza Boronia
Shop 4, 216 Dorset Rd, Boronia VIC 3155
Tel: (03) 9761 2438

Beleza Dandenong
162 Cheltenham Rd, Dandenong VIC 3175
Tel: (03) 5126 2165

Beleza Forest Hill
423-524 Springvale Rd, Forest Hill VIC 3131
Tel: (03) 9878 2211

Beleza Geelong
136 Rynie St, Geelong VIC 3220
Tel: (03) 5221 8545

Beleza Gisborne
42C Aitken St, Gisborne VIC 3437
Tel: (03) 5428 1285

Beleza Hallam
Shop 7/151-152 Princes Hwy, Hallam VIC 3803
Tel: (03) 9702 3181

Beleza Moe
26B George Street, Moe VIC 3825
Tel: (03) 5126 2165

Beleza Pakenham
7/99 Bald Hill Rd, Pakenham VIC 3810
Tel: (03) 5941 4989

Beleza Somerville
8/13 Eramosa Rd West, Somerville VIC 3912
Tel: (03) 5977 5277

Beleza Traralgon
16A Seymour St, Traralgon VIC 3844
Tel: (03) 5176 5077

Beleza Warragul
Shop 5-6 William Square, Warragul VIC 3820
Tel: (03) 5622 2930

Beleza Wodonga
94 High St, Wodonga VIC 3690
Tel: (03) 6056 9402

State Schools' Relief
1/8 Johnston Crt, Dandenong South VIC 3175
Tel: (03) 8769 8400

Quality Leather School Shoes At Affordable Prices

15 October 2018

Developing emotional intelligence in children

• POSITIVE PARENTING



by Michael Grose

Ever told a child to calm down only to see their emotions escalate instead? Kids, like adults, need to recognise their feelings before they can regulate their emotional state, and that's not easy.

Emotional recognition is a complex process that takes practice. Even when we are good at it we don't always get it right. Learning to recognise your feelings is a continuous process that's best started when young, before the ups and downs of adolescence show up.

When your child fusses and fumes about some wrong-doing or hurt they've experienced, clear your mind and hear them out. Avoid trying to fix the situation; just show them compassion and understanding. There is no better feeling than being understood.

Recently while riding on a tram I overheard a conversation between two girls in their late teens. Referring to an exam she was about to take, one girl simply said, "I feel crap!" She repeated this on a number of occasions with no variation on vocabulary.

Her friend on the other hand said, "I was so anxious when I got up this morning, I felt sick! I went for a walk and felt better. My little brother kept bugging me about how this was my last exam and I'd better not stuff it up. That just made me feel even more nervous, he was soooo annoying. I'm not feeling too bad now...just a little worried, but also kind of excited. This is going to be my last exam! Whoa!"

One girl gave a running commentary on her moods that morning, including their causes and the subtle shifts. The other girl couldn't get past a vague response to sum up her emotional state. The second girl is clearly better equipped to manage her moods than the first, if indeed what I heard is a true representation of their emotional intelligence.

And what a head-start she's been given by the parents and teachers who helped her build her emotional smarts. They've given her the tools for building successful relationships, for maximising her earning potential (I kid you not) and behaving like a champ, not a chump when competing in sports or any other high performance activities. There's no doubt that emotions matter.

So where do we start exploring this unfamiliar emotional landscape, this new frontier of parenting? Here are five tips to help you explore this brave new world.

Listen without judgment

When your child fusses and fumes about some wrong-doing or hurt they've experienced, clear your mind and hear them out. Avoid trying to fix the situation; just show them compassion and understanding. There is no better feeling than being understood.

Contain, rather than manage, their feelings

Children's behaviour is often tangled up in their upsets and disappointments. It can be hard to separate their actions from their feelings. Sometimes as a loving, caring adult, you just have to absorb their frustrations, and give them the time and space to vent and soothe their own souls. We don't have to process their emotions for them.

Know that emotions can be pleasant and unpleasant

We often place value judgements on emotions by portraying some emotions as good or positive (happy, motivated, energised) while some are bad or negative (sad, worried, sullen). Avoid passing

judgements like these. Recognise that emotions span a whole range of pleasant and unpleasant feelings, and that all emotions are acceptable. But certain behaviours (such as hurting someone when you are angry) are unacceptable.

Build a vocabulary around emotions

Just as feelings have words, there are names and terms for emotionally intelligent parenting methods. For instance, I-messages* are a type of communication used by parents and adults who take an emotions-first approach. It's worth taking the time to understand some of these concepts and terms and letting them inform your parenting approach.

Help your kids recognise, then regulate emotions

Emotional intelligence is best learned when it becomes part of your family's culture, or way of doing things. When it becomes part of your family's cultural DNA then emotional intelligence will be passed down from generation to generation. You'll know it's had generational impact when your children credit you as the person who taught them the skills of emotional intelligence. How cool is that?!

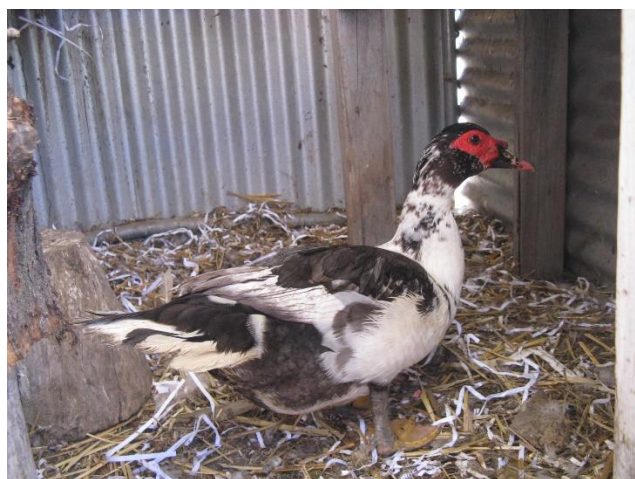
Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.



☺
Class sets of 'Wobble' Chairs purchased for small group intensive learning work. The 'Wobble' chairs actively promote increased posture development and improved balance. Interactive learning tables (to complete the set) to arrive in November!

☺
Mrs B and the some of the Preps checking out the new Short Reads- student cards. This particular set is non-fiction. (Box 5) (Short Reads to cater for P-6+)



Introducing you to our third... yes, 3rd drake! A male duck has been spotted, on a regular basis, by school and community members, 'swanning' around Creswick Creek! This lad has, for the time being however been locked in the coop to get used to, and hopefully enjoy his new home.

Thank you to the Webb family for your resilience and persistence! Dare we name him? Suggestions so far have been 'Eggless' and 'Wag'. Will he stay or 'fly the coop?' ☺

Is your child struggling with reading?



For parents, students and teachers

Are they tired, disengaged, disempowered or disruptive?
Are they intuitive, a great problem solver or a creative thinker?

Around 1 in 10 people are dyslexic and needlessly fall through the education system.

Join us for a conversation with *Jemima* (medical student and young social entrepreneur) and *Peter Hutton* (former Principal of Templestowe College + Director of Future Schools Alliance)

Date: Thursday 1st November Time: 7 - 9pm
At: Daylesford Secondary College Cost: \$25 p/p

For more info: call Jemima Hutton on 0405 333 036 or jemima@hutton.education

BOOKINGS: www.trybooking.com/YMXD

SPL SKATE PARK LEAGUES
VICTORIAN LEAGUE



Heppburn
SHIRE COUNCIL

CRESWICK SKATE PARK COMP

Saturday 27th October



Creswick Skate Park, Victoria Street, Creswick VIC
Scooter 11am, BMX 12:30pm, Skate 1:30pm, Free Entry, All Abilities Welcome



WWW.SKATEPARKLEAGUES.COM

SKATEPARKLEAGUES

BOAA
MUSIC

BOX wars BATTLE BANDS

Sunday Oct 28th

Eureka Stockade : The Art of Destruction

BALLARAT 21 Sep - 6 Nov 2018

THE YARD APES



Boxwars is both art and destruction using the near perfect medium of cardboard.

Build something from cardboard, then destroy it, all in the name of history.

The Eureka Stockade battlefield will be re-enacted like never before. There are no winners in Boxwars only losers.

A FREE all ages event featuring music by **The Yard Apes** and **Sonika Youth Bands** throughout the afternoon.

Food and drink available.

Image: Louise Namina - NT - Detail

FUN & FURIOUS



ART OF DESTRUCTION



Eureka Stockade Memorial Gardens

Sunday Oct 28th From 1pm Finishes 5pm

Free All Ages Event Part of BOAA Art 2018

FReeZA, fully supervised, drug, smoke and alcohol free all ages event



SONIKA

freeza www.freeza.vic.gov.au

CITY OF BALLARAT

Walk to School 2018

Walk, ride or scoot and build healthy habits for life.

8th Oct. till 2nd Nov.



Join hundreds of thousands of Victorian primary school kids this October!

Sign up today at

walktoschool.vic.gov.au

Official community partner



Official corporate partner



WALK TO SCHOOL

an initiative of VicHealth



The Clunes Show – a great family day out

Set some time aside on Saturday November 17th, 2018 to visit picturesque Clunes as it celebrates its annual show.

Now in its 158th year, this traditional country show promises a great day out for locals and visitors alike.



In a day filled with varied activities, here is just a snippet of what you might see and do:-

- Enjoy local food and wine in the pavilion, whilst lapping up some of the roving entertainment
- Enjoy music on the stage from the Maryborough Big Band and the Wesley Bands
- Watch the wide range of horse events happening on the arena all day
- Meander through displays and competitions showcasing local agricultural produce
- Giggle at the ferret racing, keg throwing, scarecrow competition and ladies wood splitting-or even have a go yourself!
- Take the kids to the mobile zoo, the mini circus, the puppet show, the face painter and the sideshows
- Take in the arts and craft displays including the work of local school children
- Marvel at the creative talents of local cooks and gardeners
- Urge the dogs at the dog high jump, and
- Take in the sights on the Cobb and Co coach, or a trike tour





And that's just the start.

There's rural ambassador, show girl and show boy competitions, a butte ute competition, tug of war competition and a display of vintage engines.

For those who are thirsty, the outdoor bar is full of character (and characters!) and is a great place to relax and take in the sights.

And of course, don't miss the Grand Parade on the arena at 3pm!

If you're still around in the evening, there's a bar, BBQ and entertainment provided by local band "The Mercuries".

At \$15 admission for adults, \$5 for children and \$35 for families, where else would you go for more fun and better value?

"See you at the Clunes Show!"



Week 2: 15- 19 October

Tuesday 16 October: 4 /5T & 5/ 6A Swimming
 Wednesday 17 October: NO OCTOBER School Council Meeting
 Thursday 18 October: **EB Training 3- 4.30pm**
 Friday 19 October: EB- School Walkathon

Week 3: 22- 26 October

Monday 22 October: Sovereign Hill (Yr 2s)
 Tuesday 23 October: 4 /5T & 5/ 6A Swimming Junior School Council Meeting
 Thursday 25 October: **EB Training 3- 4.30pm**
 Friday 26 October: **World Teachers Day**

Week 4: 29 October- 2 November Student Support Group Meetings/ Koorie Meetings this week

Tuesday 30 October: 4 /5T & 5/ 6A Swimming
 Thursday 1 November: **Student Support Group Meetings/ Koorie Meetings EB Training 3- 4.30pm**

Week 5: 5- 9 November

Tuesday 6 November: last 4 /5T & 5/ 6A Swimming snail races? TBC
 Thursday 8 November: Kinder Transition 1 9-11am **EB Training 3- 4.30pm**
 Friday 9 November: **BALLARAT SHOW- PUBLIC HOLIDAY**
 Sunday 11 November: **REMEMBRANCE DAY-** optional School Captain participation

Week 6: 12- 16 November

Monday 12 November STUDENT FREE DAY – Staff professional development day on accurate Moderation of Work Samples
 Tuesday 13 November: Yrs 3D & 3/4LM Swimming begins
 Wednesday 14 November: P- 2D Swimming begins School Council
 Thursday 15 November: **EB Training 3- 4.30pm VSGA Garden Awards excursion- Eco Warriors**
 Saturday 17 November: **CLUNES SHOW**

Week 7: 19- 23 November

Tuesday 20 November: Yrs 3D & 3/4 Swimming
 Wednesday 21 November: P- 2D Swimming
 Thursday 22 November: Kinder Transition 2 9-11am **ENERGY BREAKTHROUGH**
 Friday 23 November: **ENERGY BREAKTHROUGH**
 Saturday 24 November: **ENERGY BREAKTHROUGH State Election**

Week 8: 26 November- 30 November

Tuesday 27 November: Yrs 3D & 3 /4 Swimming Junior School Council Meeting
 Wednesday 28 November: P- 2D Swimming
 Friday 30 November: Wesley Concert 1.30pm at Blue Stone or Clunes PS venue TBC

Week 9: 3-7 December

Tuesday 4 December: Yrs 3D & 3 /4 Swimming
 Wednesday 5 December: P- 2D Swimming
 Thursday 6 December: Kinder Transition 3 11-1pm

Week 10: 10- 14 December

Tuesday 11 December: State-wide Transition Day – Kinder Transition 4 9am-1pm
 Last 3D & 3 /4 Swimming
 Wednesday 12 December: Last P- 2D Swimming School Council meeting
 Thursday 13 December: Carols
 Friday 14 December: Parent Helper End of Year thank you Morning Tea

Week 11: 17- 21 December

Monday 17 December: Focus Day- Xmas Semester 2 Reports & 2019 Class Lists home today
 Thursday 20 December: **Year 6 Graduation**
 Friday 21 December: Last Day of Term 4/ 2018 School Year 1pm finish

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To be confirmed: Final School Council meeting? TBC School Council end of year dinner?
 Class Parties, 2.30- 3pm 2019 Whole School Transition,