



*We learn. We show respect.
We are safe.*

Thursday 26th April, 2018

"Golden Past, Bright Futures"

Canterbury Street, Vic. 3370
Telephone (03) 5345 3182. Fax (03) 5345 3555
Email: clunes.ps@edumail.vic.gov.au

Clunes Primary School Newsletter

UPCOMING EVENTS

Please see our Term 2 Calendar on the back page

Dear Parents/Caregivers,



(next Newsletter introducing Maya- our new VC!)

In Term 2 our school's You Can Do It key to success is **Organisation!**

In our class, the yard and when out in the community at our own level of learning, we will focus on:

- Trying to do our best and Setting Goals – it means thinking that “It is good to want to do my best”
- Listening carefully to our teacher’s instructions- it means thinking that “I know how to be ready to look and listen carefully to learn”.
- Planning our time to get things done – it means thinking that “It is good to be on time for things and good not to waste time”
- Taking care of our things – it means thinking that “I need to put things in their proper places. I need to clean up and be neat.”
- Being organised for our play outside- this means thinking that “I need to remove my food wrappers and place them in the bin (to respect and have pride in our school) and when I hear the bell MUSIC to go to the toilet, have a drink and line up to be ready to learn”.
- In the wider community representing ourselves and our school with Pride. – it means thinking, “ I will speak with manners, play and move about to consider others and look after my rubbish to keep our town looking great and our platypus in the creek safe!

We will also continue to try to be successful with all keys to success!

Best wishes to you all for a happy and safe fortnight ahead! Kind regards, Sonia & CPS staff.



STUDENT OF THE WEEK AWARDS FOR TERM 2



Our Term 2 You Can Do It key is:

Organisation

Prep/ 1B - Kainan,	1/2H – Anthony
Year 2/ 3D- Zeb	3/ 4LM- Reece
4/5 T- Summer	5/ 6 A- (next Newsletter)
Chaplain's Award- Ben T	Mrs Laurie's Award- Lily R

Bus Travellers Award: All students! Considering others and getting along!

Volunteers STILL required for next term for our Friday Lunch Order delivery please (Roster at the Office)

Roster:

Thanking you in advance, Sonia ☺ Sue Psaila 27/4✓, 25/5✓ & 22/6 ✓ need help for 4/5, 11/5, 18/5, 25/5, 1/6, 8/6 and 15/6.

Dear Parents,

More cases of head lice reported across all classes. We strongly recommend that you check your child's hair on a regular basis, and if head lice or eggs are found treatment must take place before the child returns to school. Please let the school know if head lice are detected. Should you experience any difficulty with treating your child's hair please see Sonia.



Thanking you for your support!

GROW YOUR OWN FRUIT

CLUNES PRIMARY SCHOOL TREE DRIVE 2018



It's that time of year to start thinking about what trees you want to plant this winter as the Clunes Primary School Tree Drive is happening again this April / May. As part of the school's fundraising program we are offering you the chance to purchase a variety of affordable fruiting and ornamental trees supplied by Valley Tree Nursery, Ardmona. All proceeds go to the school.

The Tree List and order forms are available **NOW (attached to the back of this Newsletter)** and are also located at the school office, Top Shop, Clunes Newsagency and the Post Office. Please place your order and payment with the School prior to **Friday 18 May**. Trees will be available for pick up from the school at the end of **July**. Please contact the Primary School (03) 5345 3182 if you have any queries.

ANZAC Day



Wednesday 25 April: ANZAC Day public holiday optional student attendance at the ceremony

All students were invited to participate. Many students and ex- and future students assembled in front of the RSL Hall at 10.20am for our march towards the Cenotaph. We lined the street as a guard of honour for the formal March ably supported by our School Captains Lizzy and Max and Vice Captain Flynn.

Our School Captains participated in the formal ceremony. Max read the Ode and Max, Lizzy and Flynn placed a wreath at the Cenotaph on behalf of the school community. Approximately 40 students stood respectfully for the entire ceremony even though it went for a long time. **I was so proud of everyone!**

Hannah F and Max had their pieces of writing about ANZAC Day selected to be read at the Town Hall ceremony. Again, I was so very proud of their incredible presentations. We received a great deal of positive feedback from the wider Clunes community.

Our Student Leaders have been selling poppies at school this term. All Poppy proceeds go directly to the RSL.

Hannah and Max's ANZAC pieces of writing have been included in this Newsletter. Thank you both!





NetSetGo (netball skills training) will be running with the CFNC Wednesday afternoons at 4:15 in term 2 at the community center. Ages 5-12 and both girls and boys are welcome!! For further information please don't hesitate to get in touch with Bobbi on 0499943755.

Our current lunchtime Soccer Teams

The Pit Bulls

The Barbies



(some of our students are missing from the photos)

As usual the quality of play and team spirit is very high! Today's game was a 2-1 victory with a narrow win to The Barbies just seconds before the bell went!



Our ducklings need names!

The newest additions to our Clunes Primary School family are settling in just fine! (even flying at times now ☺) However they each need a name!

We are having a naming competition here at school. Get your suggestions in/ votes for, in to the Office now. So far we have fabulous possible names such as: "Waggle" and "Wendy", "Hansel and Gretel", "Bo" and "Peep"... among others.



Hover Cam staff professional learning
Your hard-earned \$ fundraising efforts for
Teaching and Learning at work!
THANK YOU! 😊



Our Junior School Council members have been 'madly' counting up Vouchers! Please send any that you may have to the Office as the fundraiser is nearly over! THANK YOU!



Book Club Issue 3 2018 – Bookclub orders are to be returned with payment to the Office or Classroom Teacher on or before MONDAY 30th April, 2018.
***LOOP Orders can be processed online using your credit card.**
NO LATE ORDERS WILL BE ACCEPTED AFTER THIS DATE.

HELPING YOUR CHILD NAVIGATE TRICKY FRIENDSHIPS

9

APR

BY **SHARON WITT**

Friendships are an important aspect of all of our lives – perhaps even more so for our children as they navigate the often complex years of growing up and discover their place in the world. As our young people grow and develop, so do their friendships.

In the early years, many friendships are developed through manufactured situations and groups we are involved in as parents. First time mother's groups, antenatal birthing classes, playgroup, church groups and other friendship groups for mothers, often become the first opportunities that our children have to play and develop these early skills of relating to their peers. It is during these early toddler years that we can safely observe and guide our children's play time. We can help them deal with minor disputes over whose turn it is to play with the truck, use the dress up cape or the blocks. We teach our children to play fairly, share and take turns.

As our children enter their early Primary School years, these friendships develop more out of our earshot. Some parents may even feel a little concerned that they will not know each of your child's friends at school and whom they choose to be influenced by. However, there is a lot we can do as parents to help guide our children through these years of critical relationship building. Developing the strategies to deal with friendship conflicts, tricky situations and issues of bullying are lifelong skills that will stand them in good stead for the years ahead.

What makes a good friend?

From an early age, we can have conversations with our children around what makes a good, healthy friendship. What are the qualities we look for in a friend? I have asked this very question of hundreds of children over the past two decades and the same qualities are mentioned time and time again:

Honest
Trustworthy
Friendly
Dependable
Kind-hearted
Humorous
Forgiving

These qualities are probably the same for many of us parents too. However we also need to remember that we should also display these qualities if we are seeking positive and healthy friendships. We will actually attract these same qualities in the friendships we make when we model these ourselves.

Lead by Example

Whether we like it or not, our children are observing us all the time. They watch how we speak, act and conduct our own friendships.

A few days ago, I was astounded by an exchange I observed on social networking site Facebook between two grown women – mothers – right in front of their children’s watchful gaze. What was perhaps the most distressing for those observing, were a few comments posted intermittently by the young children of these women – who were observing every hurtful missile fired between the two! One child simply wrote: *‘Please! will you stop calling my mum names!’* *“Please will you stop speaking to my mum that way, she doesn’t deserve it!”* And my heart broke!

These parents were clearly having a very heated falling out – but to play this out in a very public way and under the ever-watchful eyes of their children was just so sad. To these children, the modelling is already occurring before their eyes.

Model your own positive Friendships

As parents, we can do a lot to teach our children about navigating friendships by modelling our own in a positive way. Demonstrate that a friendship is a two-way street by phoning your friend occasionally, sending an encouraging note or card, or making a meal for them if they are unwell. When we do these things naturally in our own relationships, we are teaching our children how supportive real friendships can be.

Dealing with Tricky Friends

We will always encounter friendships that can become a little complex or tricky at times. Our children will find this very difficult when it occurs but we can teach them how to handle this effectively and let them know that it is okay to set their own boundaries and enforce these when necessary.

Hurt Feelings

Feelings will often be hurt during our friendships- that is the nature of living in relationship and part of a community. However, it is **how** we deal with hurt feelings – that is most important. When your child experiences hurt feelings, try and use this as a teachable moment!

Recently my daughter came home from school feeling down. A girl in her class had distributed her birthday party invitations in front of a gathered group of friends – however she did not invite my daughter.

My daughter was clearly stunned as she relayed the story to me.

‘Why would someone DO THAT?!’ she questioned. ‘It is just SO mean!’

It became a great teachable moment for her. We talked about how this girl must be feeling about herself and her position amongst the girls if she has to noticeable, in front of everyone, NOT invite a well-liked, popular girl in the group. It was all about this girl’s feelings of power, or lack of. I talked to my daughter about how she was feeling at that moment, and explained to her that there will always be people who deliberately (in this case) or accidentally hurt our feelings. What my daughter could learn from this is how NOT to treat others – whether they are your closest friend or just a part of your social group at school. Be mindful of other’s feelings.

When it came time for my daughter to plan her own birthday party, and she had a limited number of guests allowed, she made it a point to hand out her invitations in private and at a time that would not cause upset to others.

We cannot possibly protect our children from having their feelings hurt or having to deal with difficult people – but we *can* teach them how to respond and learn valuable life skills about navigating tricky friendships.

Most Friendships won't last Forever

If you had have told me at age 8 that my best friend in the entire world, would not have been my lifelong friend forever, I would simply not have believed you! But to our children, their friendships do seem 'lifelong' and permanent. They cannot imagine these relationships ever drifting apart. However, the reality is, most of our early friendships don't continue on forever and this is a good point to teach our children. Some friends are with us for a reason, and some for just a season. But each will bring something unique to our lives and perhaps teach us a lesson – even if that lesson is what we *don't want or need* in a friend.

Be Friendly!

As much as this may seem like such a simple point to make, it is important that our children learn to be friendly – even to those who are unkind or cause conflict in our lives. There will always be people who annoy us, speak rudely to us for no apparent reason. But we are not always privy to what is going on in their lives. If someone is mean or nasty to your daughter, explain to her that we don't always understand why people choose to be rude to us or react in certain ways. What we can do is demonstrate some grace and act with kindness.

Elbert Hubbard said: *'In order to have friends, you must first be one.'*

This is a good mantra to teach our young people. So often, our children complain that they have no real friends, or they are not popular at school. But this quote is a timely reminder that they need to practice being a friend. The more you practice being friendly and being interested in others, the more people will be drawn to you.

Friendships will always be a lifelong learning opportunity. Hopefully, as we navigate and manage our own friendships as adults, we can model to our own children how to best take this journey through life.

Next Newsletter- Aths Sports photos & article! 😊

After School Care Vacancies

There are several vacancies in After School Care, casual and full time. Please drop in to see Marnie or Liz in the Multi Purpose Hall or give us a ring. We also offer School Holidays Care, ran through the Creswick Primary School.

Liz Garth
0429 453808



Try-A-Subject!

Grade 6 students are warmly invited to attend:

An afternoon at **Phoenix P-12 Community College** to gain a 'hands-on' experience in a variety of secondary school subjects.

Monday 30th April 4:00pm-5:30pm

Choose from Cooking, Textiles, Woodwork or Metals

(No more than 20 students per subject)

Monday 7th May 4:00pm-5:00pm

A combination of Maths and Science

Monday 14th May 4:00pm-5:00pm

Choose from English/SOSE or LOTE (Chinese)

Monday 21st May 4:00pm-5:00pm

Choose from Performing Arts or Visual Arts

Monday 28th May 4:00pm-5:30pm

Choose from Formula One or H.A.P.E (Health and Physical Education)

Where: Phoenix P-12 Community College (Community Hub) Tuppen Drive,
Sebastopol, Vic 3356

RSVP: Kelli Zaal via email- zaal.kelli.m@edumail.vic.gov.au

by the 23rd April 2018

Please clearly state which activity(ies) you would like to participate in and any necessary dietary/medical requirements/information.

Note: Numbers are strictly limited. Please disclose your preference for specific subject (first in, first served). Appropriate clothing and footwear is required.

"In Knowledge There Is Opportunity"



WHAT IS BMX?

BMX (Bicycle Moto Cross) is one of the fastest growing sports in Australia. It's a sport where the whole family can participate & riders of all ages (from 2 - 50+) can compete in organised race meetings throughout Australia. BMX racing ranges from club level to state level and right through to national and world championships events for all ages. BMX is also an elite Olympic sport!

Come along to the Ballarat Sebastopol Cycling Club BMX Division track on **Sunday May 6th at 10am.**



You will receive an introduction to BMX & will get to experience some **FREE** on-track coaching which is being lead by former Pro-rider & 6 time national champion Tony Harvey. The club will also be holding a Fun Clubby afterwards starting at approx 1pm.



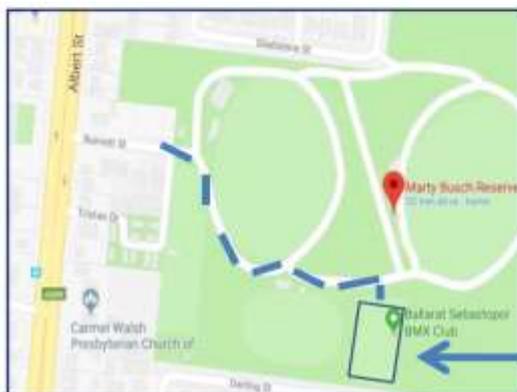
What you need:

Bike: 20inch or 24inch (Cruiser) BMX bike.

For the safety of others we may have to remove kick stands & pegs but we will have a few handy members around on the day if you need any help to remove these things.

Protective clothing: **Long Pants** or track pants (fitted at the ankle). **Long Sleeve Top** or Race Jersey (fitted at the wrist). Fully enclosed **Shoes**. **Gloves** that have complete hand & finger protection & a full face **Helmet** .

The club has a small supply of spare bikes, gloves and helmets available, please contact us to arrange.



For more information or to register your interest;

Visit us on Facebook

www.facebook.com/ballaratsebastopolbmxclub

Email us at bmxballarat@gmail.com

Phone us at 0447 331 185

Find us at Marty Busch Reserve, Sebastopol

Enter via Burnett street and head right, past the Football oval.

Jean Hailes for Women's Health is proud to present

Women's Stuff

A night of fun, facts &
the latest on women's
health

Wednesday 23 May, 6pm – 9pm

Mercure Ballarat Hotel & Convention Centre

613 Main Road, Ballarat VIC 3350



Hosted by comedian
Nelly Thomas

NEW VENUE
due to
popular
demand!

Hear from leading health experts on:

- ✓ Women's health checks
- ✓ Food and movement as medicine
- ✓ Menopause 101
- ✓ Mindful eating

FREE event. Seats limited. Bookings essential.

Health information resource packs, mini health expo, giveaways and refreshments provided.

Bookings and more info: jeanhailes.org.au/events
or call toll free **1800 JEAN HAILES (532 642)**

SCHOOL EVENTS SCHEDULE

Week 1 Monday 16 – Sunday 22 April **TRANSITION BOOKLETS** home to Yr 6 families by Fri.
Due back by **MAY 11.**

Monday 16 April: **Term 2 begins short Assembly**
 Wednesday 18 April: **SC Meeting 7pm**
Thursday 19 April: Breakfast program begins **House Athletics Sports Day**
 Friday 20 April: P/1/2 Ecolink 'MiniBeasts' incursion
Sunday 22 April: **Lollipop Tree 100th Anniversary- School fundraising event 12.30pm (walking 10.30am)**

Week 2: 23- 27 April **Attitudes to School Survey begins this week 3 week online participation period**

Wednesday 25 April: ANZAC Day- Clunes PS ceremony participation- guard of honour + **PUBLIC HOLIDAY**

Thursday 26 April: **Newsletter- every 2nd week**

Week 3: 30 April -6 May **Monday 30th April- BOOKCLUB due**

Tuesday 1 May: Junior School Council Meeting
 Wednesday 2 May: **GRIP Leadership Conference- Student Leaders + teacher**
 Friday 4th May: Regional Athletics Sports

Saturday 5th & Sunday 6th May: **Book Town Helpers required please. Please see the Office**

Week 4: 7-13 May **Mothers' Day stall this week -TBC** Helpers required in lead up to/ on the day.

Monday 7 May **Eugene von Guerard exhibition –Ballarat Art Gallery**
 Wednesday 9 May **AEDC Data collection begins (Prep students) School Council 7pm**
 Friday 11 May: **CROSS COUNTRY Clunes Golf Club Mothers' Day stall TBC**
Smeaton's Mill – student visual presentation Sat 12th & Sun 13th (see details in Newsletter) **Mother's Day –Sunday 13th May**

Week 5: 14-18 May **Education Week 14-18 May**

Tuesday 15 May: **NAPLAN begins (Yr 3 & 5 Lang Conventions & Writing)**
Wednesday 16 May: **NAPLAN begins (Yr 3 & 5 Reading)**
Thursday 17 May: **NAPLAN begins (Yr 3 & 5 Numeracy)**
Friday 18 May: **PD Division Cross Country TBC** **Tree Orders Close**

Week 6: 21-25 May **Week 7:** 28 May- 1 June

Week 8: 4-8 June

Tuesday 5 June: Junior School Council Meeting
 Friday 8 June: **Wesley Concert- to the Bluestone 1.30 – 2.30pm**

Week 9: 11-15 June **Monday Public Holiday** **12th -15th Years 5 & 6 CAMP WYUNA**

Monday 11 June: **Queen's Birthday Holiday**
Tuesday 12 June: **Years 5 & 6 leave for Camp**

Week 10: 18-22 June

Monday 18 June: **Staff Meeting (PD for staff- Yr 6 'Heroes)**
 Wednesday 20 June: **School Council 7pm (not week 9 due to camp)**
 Thursday 21 June: **"Heroes Yr 6" School Disco**
 Friday 22 June: **"Heroes Yrs P-5"**

Week 11: 25-29 June

Wednesday 27 June: **SCHOOL PHOTOS**
 Thursday 28 June: **"Heroes Yr 6" –**
 Friday 29 June: **Last Day of Term 2 1pm finish Casual Dress Day**

Dates to be confirmed: **Parent Teacher Interview Day, Reports home to Parents Day, Term 2 Focus Day, Hot Lunch Day, Transition distribution/ collection completed**