



*We learn. We show respect.  
We are safe.*

Friday 25<sup>th</sup> June, 2021

**“Golden Past, Bright Futures”**

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# Clunes Primary School Newsletter



## UPCOMING EVENTS

Please see Term 3 Calendar draft #1 on the back page of the Newsletter

**Following Department of Education expectations, Ms Jardine has commented on Semester 1 attendance in the Report, if required. Thank you for your understanding.**

**Best wishes to you all for a safe and happy school holidays break. Kind regards, Sonia & the staff of CPS. ☺**

**Semester 1 Student Achievement Reports home on Friday 25<sup>th</sup> June. Included in the package is the confirmed 3 Way Conference time for Tuesday 20<sup>th</sup> July. Thank you for returning your preferred time slip. It is an expectation of the school that all families will participate in a 3 Way Conference.**

**Dear Parents/Caregivers, It's Winter!** Out in the school yard, it is cold and wet, windy and wet, at times sunny and warm, yet still very wet underfoot.

It is time for students (and staff?) to wear their rubber boots to school, if they have them, or to bring along a spare pair of NAMED footwear (if possible), to change into when inside our buildings. Many students are also bringing along a pair of *slippers* to change into, a fabulous idea! (cold, damp feet .....uurgh)

If students are likely to be playing soccer, football etc. it may be a smart idea to have a change of clothes... just in case. ☺ We do not have many items of spare clothing for our older students. On cold and damp mornings the soccer pitch will NOT be used before school (in order to dry out).

Even though our 'Mining Group'/'Sand Club' have been having a terrific (quite messy), time searching for **gold**, or creating trenches/walls, the area will now be restricted to times when there is no excess water. Thank you all for understanding!

## Ayva as our Student Principal for a Day

Ayva has been a very impressive Student Principal for a Day today. Thank you and well done Ayva! Pictured below is Ayva on the PA system, reminding the students about the casual clothes day and the gold coin donation that will go to the Royal Children's Hospital. Ayva has identified littering as an area to address within the school and has spoken to JSC representatives and Mr. James about ordering 3 new rubbish bins for the identified 'hot spots' within the school. Ayva attended the Student Leaders' Meeting and provided insight into how to continue to improve our wonderful school. The recently completed Student Attitudes to School Survey 2021 was also an item on the Agenda. Ayva met, via Web-Ex, four of Ms Jardine's DET South Western Victoria/Central Highlands Principal colleagues (Nth Network Executive members) and her boss; Senior Education Improvement Leader- Mr. Paul Nolan. Ayva will provide each child with a Zooper-Dooper when the weather improves. This promise was part of Ayva's election campaign earlier this term. (There will be a display of Ayva's day as Student Principal at school.)



Ayva, as Student Principal, also accepted a donation from Bunnings representative; Shannon.

## STUDENT OF THE WEEK AWARDS FOR TERM 2



Our Term 2 You Can Do It focus is:  
**Organisation**

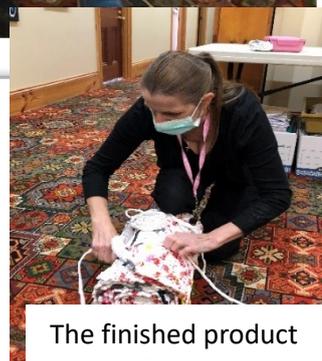
Prep / 1D – River	1/2H – Sophia, Tex
3/4L – James W	4 /5A – Cushla
5/6B – Ayva	Principal’s Award –
Student Principal’s Award- Our DRUMBEAT performers!	Bus Awards- Logan, Tex, Izzy, Tahlee
PE- Callum J	

Last year a group of students got a chance to do plarning (plastic yarning) with Mery and Kristin. They were lucky to get a chance while lockdown wasn't enforced. For a couple of weeks they skipped maths to do this amazing project.

The plarn blanket was donated to the Soup Bus along with food that she bought. The Soup Bus is a charity in Ballarat. It helps the homeless or poor and gives them food and the plarn blankets.

We made our own designs too!

BY ELLA.M AND LILLY.W



The finished product rolled up.

**Term 2 summary:** Our second term of the 2021 school year has been a very engaging, busy and productive one! Who'd have thought that we also 'endured' positively (we are very resilient), a week of 'Circuit Breaker' Lockdown and Remote Teaching and Learning from Home!

Thank you all for your commitment to our wonderful school and to the ongoing learning successes for our students.

This term we have among other achievements:

- Conducted weekly Student Leadership Meetings, including our School Captains and School Vice- Captains and Mr. Lewis. Student led Clubs were a feature of the term including Mr. Lewis' Rubiks Club!
- Celebrated weekly Students of the Week! Almost all of our assemblies were able to have our parents and school community members present as we were able to conduct them outside on the BB Court.
- Celebrated Ayva as our elected (preferential voting system) Student Principal for a Day 2021!
- Reaffirmed our class and yard rules with our students in line with our School Values and Positive Behaviours approaches.
- We celebrated a Beckworth win in the House Athletics Sports but were very proud of all participants!
- On ANZAC Day our School Captain Ryan Kinnerly read Stanza 2 of the Ode to all attending members of the wider Clunes community supported by School Captain Lilly Walker. Jay Mayne and Zeb Webb wrote and delivered moving speeches to the wider community also at the Cenotaph ceremony.
- 2 x Junior School Council Meetings were conducted incorporating Student Voice and Agency into decision making within the school. Senior JSC representatives worked at the Disco in lieu of parents (COVID rules) in order to provide delicious (fundraising) treats. Thank you students!
- The annual DET Attitudes to School Survey was conducted with all year 4, 5 and 6 students. (Results back later in the year.)
- Staff actively participated in OH & S Meetings and completed multiple compulsory updated COVID Safe Plans, keeping the safety and wellbeing of all foremost in our minds.
- Success was had by our students participating in the local (Clunes & Division) Ballarat Cross Country and next term Xavier will compete at the Region (Warrnambool) Cross Country. (Postponed this term due to the Lockdown). Many students participated in the District Llanberris Athletics Sports in Ballarat.
- National NAPLAN assessments were completed online for all year 3 & 5 students in Language Conventions & Writing (online for Year 5 only), Reading and Numeracy.
- 2 x very productive School Council Meetings were conducted. Training Modules; Governance and School Council President were also completed by all SC members. Early next term; Finance.
- Our Walking Track/ EB training track around the perimeter of the school got a real workout, backed up by 'Go Noodle' indoors when the weather was inclement.... Walk to School was very well supported!
- Various facilities/grounds projects commenced/were consolidated to improve an overall positive and safe working and learning environment for the school. A Working Bee was supported by a small number of families. Please support our Term 3 Working Bee when it is scheduled!
- Our Parents Group superstars; Jo and Ruth conducted a Mother's Day stall fundraiser. We actively encourage other parents to become involved in Parents Group activities. Next term we hope to be able to reintroduce our successful "Hot Day Lunch". Ang and Cherie (previous Clunes PS parents) planned and organised our 2021 Tree Drive. They have now 'handed over' responsibility to Yonke and Kris T but will be on hand to support the transition. Again, we welcome helpers!
- Literacy, Numeracy, Student Voice and Agency and Professional Learning Community (PLC) professional learning was a focus for all teaching staff. Mr. Hoffmann led the Tutor Learning Initiative (TLI) numeracy focus for identified students until he began the Acting Assistant Principal role for 3 months in Ararat. He will return to TLI towards the end of next term. Mr. James continued his intervention and acceleration programs with identified students. Mrs B has recently returned to volunteer to conduct Reading Recovery with identified Year 1 students.
- Ten Year 5 & 6 students attended Somers Camp! Mr. Burke attended too!
- Learning Walks were conducted weekly at school by all teaching staff and we were visited by Region staff; Paul McA and Cilla L who thoroughly enjoyed having the opportunity to conduct a Learning Walk as well. Very positive feedback was received about our Teaching and Learning program.
- We were gratefully supported by Region: Psychologists, Speech staff and our SEIL (Senior Education Improvement Leader); Paul N to ensure that our students and programs were given every opportunity to achieve their best!
- In the last two + weeks: Dental Health visit- P-6, Focus Day, P-2 Disco and 3-6 Disco, Student Principal for a Day, Year 5/6B VR incursion, DRUMBEAT Concert, Choir and Student Semester 1 Reports home.
- 3 Way Conferences (Parent Teacher Interviews) preferred times will be held in Week 2 of Term 3.

Wow! What a term! (and that is only some of it.... ☺)

We practised our Values daily - We learn, We show respect, We are safe.



## Masked Mayhem in Multi-Purpose Hall



Strange sights were witnessed in the Multi-Purpose Hall on Monday 21st of June as it was invaded by a hoard of masked Grade 5s and 6s.

Students were treated to an interactive Virtual Reality experience courtesy of Central Highlands Rural Health with the aim of encouraging physical activity through gaming.

Each student had a chance to engage with games aimed to give them a small workout, without having to go anywhere. They played a balloon bursting game, and a boxing game.

"I thought the graphics were really good, and it was good fun", Exclaimed Grade 6 student Malakie Jones after trying the technology out for himself.

Students were able to recognise that there were moments where they were becoming puffed out, with Charlie Erickson surprised at how hot he was getting while playing a computer game.

On behalf of Clunes Primary School we'd like to thank Rachel and Ashley for coming out and giving us this experience.



# Performing Arts with Luke

Luke O'Connor is a Clunes local. He is a circus and physical theatre performer and maker. He is excited to be working with the students at Clunes Primary school again. He is taking Performing Arts sessions weekly with each class throughout term 2 and 3.

In our sessions we've been exploring ideas around designing the school as if it were "a place we lived on" where all our needs could be met.

The students have been identifying elements such as water, food, shelter, friendship and warmth. We've played a range of movement and performance games aimed at promoting creative play, teamwork and the best kind of silliness.

"I like playing the connecting with our bodies game."

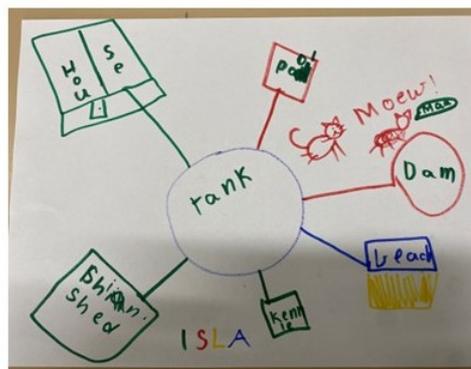
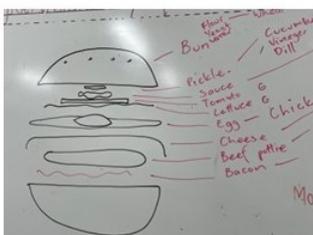


"We've been playing games like 'Grandma's Footsteps'. You have to walk and try to get the cookie."

weekly menu  
 Mon . pan cake + Beef stew  
 ice cream  
 tus porridge + soup + cake

"Water is most important."  
 "We need food, water, toilets, fire and plants. And a car!"

"I liked drawing the menus of food we might eat."



"We make shapes with our bodies."

"We jump and draw and play."

# Schools COVID-19 update and QR Codes

Dear parents and carers

The Victorian Government has announced further easing of restrictions under COVIDSafe Settings, effective from 11.59pm Thursday 24 June 2021.

On the advice of the Victorian Chief Health Officer, the easing of restrictions in regional Victoria and metropolitan Melbourne will remain in place for at least two weeks.

Key changes in the easing of restrictions include:

- **Density limits:**
  - In regional Victoria, a density limit of 1 person per 2 square metres applies to staff areas, such as staff lunchrooms, and areas accessed by the public, such as reception areas.

In metropolitan Melbourne, a density limit of 1 person per 4 square metres still applies to these areas.

Importantly, over the school holiday period there has been no change to the face mask advice, which will continue to apply to all Outside School Hours Care holiday programs. **Visitors to school grounds must observe face mask requirements.** Masks are recommended outdoors at school where physical distancing of 1.5m cannot be maintained.

A reminder that parents, carers, and visitors can enter school grounds, however they must adhere to density limits and check in using the QR codes.

The use of Service Victoria QR codes for electronic record keeping is mandatory for all workplaces to enable the effective contact tracing of any COVID-19 cases.

**This now includes all education sector workplaces, including schools.**

QR codes are required to be used by:

- all parents who enter buildings when on the school site
- all visitors, including contractors, external Department staff and building and maintenance staff

**QR code check ins are not required for staff or students.**

All building entry and exit points now display QR code posters.

If you are required to enter buildings on school grounds, for whatever purpose, you are now required to use the provided QR code check-in.

If you are not able to check in using a smartphone or tablet, a Kiosk check-in service is available at the school office.

Using the QR code system does not replace the existing requirement to also sign in at reception (for a specific purpose). Thank you for your support and understanding of this important health direction.

Thank you for a wonderful term and have a safe and happy school holidays.

Sonia Jardine  
Principal

## For parents and carers

# Wellbeing support for students during the school holidays

This guide provides tips and resources for parents, carers and families to support the mental health and wellbeing of children and young people in their care during the school holidays. This includes services to reach out to if more support is needed.

### Actions that support positive mental health

Encourage your young person to:

- Exercise and eat healthily to boost their mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies
- Stay in touch and catch up with friends and loved ones
- Make time to do things they enjoy
- Practice positive self-talk, and remind them they are not alone
- Seek professional help if needed.<sup>1</sup>

The Department have developed wellbeing activities and conversation starters for parents and carers of [primary school-aged children](#) and [secondary school-aged children](#).

**Feeling it:** [mindfulness resources and activities for senior secondary students](#). Smiling Mind gives tips on self-care, understanding and managing emotions, being mindful, being kind to yourself, navigating uncertainty and preparing for change.

### Signs a child or young person may need mental health support

In some cases, these actions will not be enough to support positive mental health.

Keep an eye out and seek professional help for changes that last two or more weeks such as:

- Loss of interest or involvement in activities normally enjoyed
- Feeling 'low', unusually stressed or worried
- Ordinary things get harder
- Being easily irritated or angry
- Taking more dangerous risks, like using alcohol or drugs
- Withdrawal or feeling overwhelmed
- Difficulties with concentration and motivation
- Having a lot of negative thoughts
- Changing in sleeping and eating.<sup>2,3</sup>



1 headspace – a parents guide to school issues and stress <https://headspace.org.au/friends-and-family/parents-guide-tips-for-managing-stress-and-problems-at-school/>

2 headspace 'mental health and you' poster <https://headspace.org.au/assets/Uploads/Mental-Health-Posters-mgpdf.pdf>

3 headspace – how to talk to your children about mental health <https://headspace.org.au/dads/>

## Young people supporting each other

Young people are **most likely to turn to each other for support** before seeking out an adult or service provider.

Young people can support each other by:

- contacting 000 if a friend needs urgent assistance or is at risk of harming themselves or others
- reaching out to a friend, offering support and letting them know you care
- letting their friend know they may need to tell a trusted adult about their concerns.

Having these types of conversations can be difficult for young people. Information for young people on how to support a friend is available on the headspace website: [How to help a friend going through a tough time](#)

## Mental health support

- **Your local GP**
- **headspace Counselling:** Victorian Government secondary school students, including those who have just finished schooling, can access counselling services from headspace. During the holidays, students can self-refer by calling their [local headspace centre](#).
- **eheadspace:** 1800 650 890 [www.headspace.org.au/eheadspace](http://www.headspace.org.au/eheadspace)
- **Kids Helpline:** 1800 551 800 [www.kidshelpline.com.au](http://www.kidshelpline.com.au)
- **Lifeline:** 13 11 14 [www.lifeline.org.au](http://www.lifeline.org.au)
- **Beyond Blue:** 1300 224 636 [www.beyondblue.org.au](http://www.beyondblue.org.au)
- **Head to Help:** 1800 595 212 [www.headtohelp.org.au](http://www.headtohelp.org.au)
- **Suicide Call Back Service:** 1300 659 467 [www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)
- [Family violence information and support services](#)
- **Contacting 000** for urgent assistance

## Family violence support and resources

- **Safe Steps:** 1800 015 188 [www.safesteps.org.au](http://www.safesteps.org.au)
- **1800RESPECT:** 1800 737 732 [www.1800respect.org.au](http://www.1800respect.org.au)
- **What's okay at home:** [www.woah.org.au](http://www.woah.org.au)
- [Family violence support](#)

## Self-harm and suicide prevention resources

- [Getting a mental health care plan](#) (ReachOut)
- [What you need to know about self-harm](#) (headspace)
- [How to help when someone is suicidal](#) (SANE Australia)

## Mental health resources

- **Mental Health Toolkit:** contains resources for students, parents and carers to support the mental health and wellbeing of children and young people in their care including:
  - [Raising Learners Podcast Series:](#) providing expert advice/information to parents/carers on topics including how to keep your child safe online
  - [Understanding mental health – fact sheet](#) (Orygen)
  - [Learn how to handle tough times](#) (headspace)
  - [Get into life \(to keep your headspace healthy\)](#) (headspace)
- [Supporting your young person during the holidays](#) (headspace)



## DAUGHTERS OF THE WEST IS BACK!

FREE and FUN women's health program starting in mid July 2021

10 WEEK health program for WOMEN  
LEARN more about your HEALTH in a safe, inclusive space  
CONNECT with new and old FRIENDS  
Try new, FUN types of PHYSICAL ACTIVITY

You can choose to participate online via Zoom or in person.

Register now: [westernbulldogs.com.au/daughters2021](https://westernbulldogs.com.au/daughters2021)

For more information please email [foundation@westernbulldogs.com.au](mailto:foundation@westernbulldogs.com.au), phone 03 9680 6355

The Daughters of the West 2021 program will run in accordance with government COVID-19 restrictions, which may include small group sizes or online options.  
Please note, all attendees MUST register and have a ticket to attend. Please fill quickly so register now!

### DAUGHTERS OF THE WEST WILL RUN IN

Maryborough

Starting Wednesday evenings from 14 July

The Daughters of the West is an inclusive and diverse program. People who are culturally diverse, Aboriginal and/or Torres-Strait Islander or identify as a woman are encouraged to attend.

WESTERNBULLDOGS.COM.AU/FOUNDATION



## A friendly drop-in space for pregnant and parenting families.

A welcoming and informal place to meet other new parents and carers

A relaxed place to have a break, a cuppa and a snack

A safe space for young children to play

A warm place to feed and change your babies and toddlers

A friendly place to find information about local parent and child support services

### Go Goldfields HQ – Nurture & Learning Room

Corner of Alma & Nolan Streets,  
Maryborough Central Victoria

Wednesdays 10am – 1pm

Becoming a parent can be an exciting and challenging time. This initiative supports parents and caregivers to become more confident and connected.



## Daughters of the West

The Western Bulldogs Community Foundation's Daughters of the West program is once again returning to Maryborough, with registrations now open!

This FREE program, led by Maryborough District Health Service, aims to provide all women a safe and supportive environment to learn more about their health, take control of their wellbeing, connect with new and old friends and try different activities.

The 10 week program is made up of two-hour sessions each week, consisting of an educational component by guest speakers who cover a range of topics from nutrition to gender equity. As well as physical activity sessions run by our MDHS health experts, designed to suit your fitness levels and abilities.

Sessions will be held at the Maryborough Education Centre Gym from 6pm to 8pm on Wednesday evenings, starting from July 14th and is open to all women over 18! So grab a friend, sister or co-worker and register today at <https://bit.ly/3ifOQHn>

For more information on the program head to the Western Bulldogs Community Foundation website or contact Naomi Fitzgerald from MDHS at [nfitzgerald@mdhs.vic.gov.au](mailto:nfitzgerald@mdhs.vic.gov.au)

We look forward to seeing you there!



## BATIK ART SCHOOL HOLIDAY WORKSHOPS by Akhila Fernando

Wednesday 7 July 2021

**Morning session:** 10:30am to 12 noon (8–12 year olds)

**Afternoon session:** 1:00pm to 2:30pm (13–19 year olds)

Learn how to work with wax and dye to make colourful batik artwork. Batik is a process for making designs on fabric using wax and colourful dyes.

Batik artist Akhila Fernando, will introduce students to the tools, dyes, materials and methods for making a batik artwork. Each Participant will take home an artwork they have made.

\$5.00 per participant per session\*

**Venue:** Tren Du Bourg Hall,  
Cnr Campbell & Neill Streets, Maryborough

**Bookings required.**

To book your tickets go to:  
<https://linktr.ee/CGArtGallery>  
or call 03 5461 6600



\* Please contact the Gallery and speak to our friendly staff if the cost is an issue.

### CENTRAL GOLDFIELDS ART GALLERY

Old Fire Station, 1 Neill Street, Maryborough  
Tel: 03 5461 6600 • [cgsc.art@cgoldshire.vic.gov.au](mailto:cgsc.art@cgoldshire.vic.gov.au)

Thursday to Sunday, 10am–4pm



Central Goldfields Art Gallery is situated on the traditional lands of the Dja Dja Wurrung and pays respects to elders past and present.

**Term 3 Calendar – Draft #1      25<sup>th</sup> June 2021**

Term 3 Calendar – Draft #1      25 <sup>th</sup> June 2021			
<b>WEEK 1</b>	Mon	12-Jul	School resumes- Welcome to Term 3 😊
	Tue	13-Jul	Walk to School begins again (weather permitting)
	Wed	14-Jul	Story Dogs begins again School Council - Finance Module Training (6.45pm) 7-9pm online
	Thurs	15-Jul	Xavier- Cross Country-Warrnambool Central Highlands Rural Health dentist visit
	Fri	16-Jul	
<b>WEEK 2</b>	Mon	19-Jul	Parent Opinion Survey begins
	Tue	20-Jul	3 Way Conferences Students only attending school for the 15 minute Parent/ Teacher/ Student conference
	Wed	21-Jul	
	Thu	22-Jul	Central Highlands Rural Health dentist visit
	Fri	23-Jul	
<b>WEEK 3</b>	Mon	26-Jul	Staff Opinion Survey begins
	Tue	27-Jul	
	Wed	28-Jul	
	Thu	29-Jul	
	Fri	30-Jul	
<b>WEEK 4</b>	Mon	2-Aug	
	Tue	3-Aug	
	Wed	4-Aug	
	Thu	5-Aug	
	Fri	6-Aug	
<b>WEEK 5</b>	Mon	9-Aug	P-2 Earth Ed excursion
	Tue	10-Aug	
	Wed	11-Aug	Year 4/ 5A High Ability – STEM incursion 9-11am School Council Meeting 6.30pm Finance 7pm General Meeting Format- TBC
	Thurs	12-Aug	
	Fri	13-Aug	Staff Opinion Survey ends
<b>WEEK 6</b>	Mon	16-Aug	
	Tue	17-Aug	
	Wed	18-Aug	
	Thu	19-Aug	
	Fri	20-Aug	Parent Opinion Survey ends
<b>WEEK 7</b>	Mon	23-Aug	
	Tue	24-Aug	School Photos
	Wed	25-Aug	
	Thurs	26-Aug	
	Fri	27-Aug	
<b>WEEK 8</b>	Mon	30-Aug	
	Tues	31-Aug	
	Wed	1-Sep	
	Thu	2-Sep	
	Fri	3-Sep	
<b>WEEK 9</b>	Mon	6-Sep	
	Tues	7-Sep	
	Wed	8-Sep	
	Thurs	9-Sep	School Disco
	Fri	10-Sep	
<b>WEEK 10</b>	Mon	13-Sep	
	Tue	14-Sep	
	Wed	15-Sep	
	Thu	16-Sep	
	Fri	17-Sep	Last day of Term 3- 2.30pm finish Casual Dress Day (no gold coin donation required)



It's Rubber Boots season! Please bring slippers or 'inside' shoes to change into. This will keep feet warm and dry. A spare set of clothing & a plastic bag for wet gear is advised. **Please name all items.** 😊

**CORONAVIRUS (COVID-19)  
RESTRICTIONS REMAIN IN PLACE**

If you are unwell, please stay at home.

Please do not enter if you have any of the following symptoms:

- loss or change in sense of smell or taste
- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- in certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered.



**This is a COVIDSafe school**

This school has a COVIDSafe Plan to maintain the safety of all staff and students.

The four pillars of the COVIDSafe Plan are:

