

We learn. We show respect.
We are safe.

# Thursday 18th June, 2020

### "Golden Past, Bright Futures"

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# Clunes Primary School Mini Newsletter

# **UPCOMING EVENTS**

2020

# Optional 2020 Learning from Home Survey- hard copy in this Newsletter.

Years P-2 Parent Teacher Conversations- completed

Years 3-6 Parent Teacher Conversations- this week Week 10 almost complete Semester 1 Report home to families on Tuesday 23<sup>rd</sup> June, 2020

Pyjama Day- next Thursday 25<sup>th</sup> June- Junior School Council event- NO COST! Please contact the school/ Sonia with any questions or concerns.

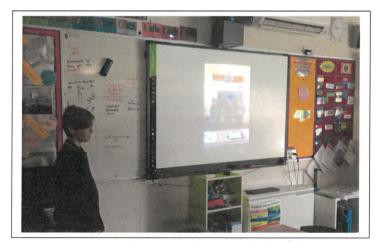
Dear Parents and Carers,

### Learning from Home Survey (back page)

Our return to on-site learning and our Return to School process has been thankfully smooth and very successful but we all know that the Remote and Flexible Learn from Home arrangement has not been without its challenges as well! We'd sincerely like to hear your thoughts about your Learn from Home experience. Hopefully, we will not be faced with this challenge again, however feedback on the process is a learning opportunity for us as a school; to know what went well, what didn't, and what we could do better, should this happen again. I've included a Learning from Home Survey on the back page of the Newsletter. Please take the time to feed back to us some of your thoughts and return it to the Office by the end of next week. Thank you!

### **School Assembly via Classrooms**

Our School Captains pre-recorded a very enthusiastic School Assembly for each class to view and participate in within their classrooms on Monday morning. It was very entertaining and engaging! I would sincerely like to thank Benji, Reece, Charlie and Sienna for taking themselves right out of their comfort zone in order to have the confidence and resilience to perform in front of my camera. And PERFORM they did! (even a self-composed and self-choreographed rap about our 'Welcome Back'). Assembly will be held within classrooms again next week, and then we will wait to hear from the Department of Education and Training in regards to assemblies, and how they will be conducted for next term.



# WELCOME BACK!

On behalf of the School Captains we would like to say thank you to all the teachers for supplying the at home learning packs to help things run smoothly.

Students have done an incredible job adapting to at home learning, and have developed new skills.

Thank you for keeping your distance.

By: Benji, Charlie, Sienna & Reece (School Captains 2020)

Best wishes to you all for a healthy, safe and positive week ahead. A regular newsletter will be forwarded home to all families in Week 11 for the end of term. Thinking of you!

Kind regards, Sonia & the staff of CPS. ©

# STUDENT OF THE WEEK AWARDS FOR TERM 2

Our current Term 2 You Can Do It focus is:

Resilience! Getting Along! Persistence! Organisation!

Prep B - Tahlee	1/2B – Hazel
2/3LM – Jayda R	3/4L – whole class
5/6AT – Reece H-D	5/6D – Callum
Art – Branden M Japanese- Isabell W	PE- Isabell W & Benji F



Some items of School equipment still to be returned as soon as possible. Thank you! © Items include: Write Well booklets, Art Diaries. Thank you!



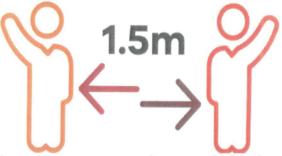
# CORONAVIRUS (COVID-19) RESTRICTIONS REMAIN IN PLACE

The greatest risk of transmission of coronavirus (COVID-19) is between adults.

Please prepare your children to be collected from an external meeting point.



During drop-off and pick-up of your child remember to keep 1.5m between yourself and other adults.



Please move promptly away from the school grounds.

Please avoid the Office if at all possible!





Elijah rescued this gorgeous new friend from the door jamb of LOTE Room after our JSC Meeting on Tuesday. Thank you Elijah! A positive sign that our school yard is very healthy! What kind of frog is it? Let's investigate!

# P) day for all!

On Thursday the twenty fifth we will hold a whole school PJ day. Gold coins are not needed on Thursday next week.

On this super fantastic event you will not need to wear pj's if you do not like to so you can just wear casual clothes and movies (G rated) will be provided from Elijah.

Sometimes kids bring their own bean bags and pillows.

There will be restrictions on NO sharing bean bags or pillows or food. Also you'll have to provide your own food because of COVID-19 but POP CORN may be provided (by the school – no charge).

No Inappropriate PJs like summer nighties, boxers as well as singlets. Slippers can be work inside, must bring outdoor footwear.

By the senior Junior School Council members.



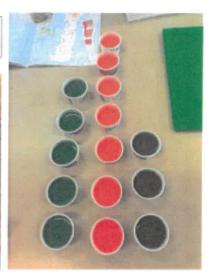






First there was the making...

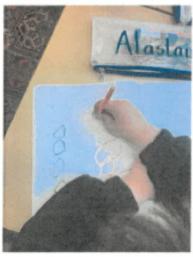






# Prep Jelly Maths ©

Then we made graphs about what we could see and what we knew...









Finally we could eat our own jelly!

There are many photos of the procedure at school!



# Raising resilient problem solvers



by Michael Grose

Personal problem-solving is an under-rated skill shared by resilient children and adults. First, identified alongside independence, social connection and optimism by early resilience-researchers in the US, the ability to solve your own problems is the basis of a child's autonomy and self-efficacy.

When parents solve all children's problems we not only increase their dependency on adults, we also teach kids to be afraid of making mistakes and to blame themselves for not being good enough. As I noted in my book <u>Anxious Kids</u>, this is fertile ground for anxiousness and depressive illness.

So how can we raise kids to be courageous problem-solvers rather than self-critical, low risk-takers? Here are six practical ideas to get you started:

# Turn requests for help into problems for kids to solve

Kids get used to bringing their problems to parents to solve. If you keep solving them, they'll keep bringing them. "Mum, Sarah's annoying me" "Dad, can you ask my teacher to pick me for the team?" "Hey, I can't find my socks!" It's tempting if you are in a time-poor family to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. "What can you do to make her stop annoying you?" "What's the best approach to take with your teacher?" "Socks, smocks! Where might they be?"

# Ask good questions to prompt problem-solving

A problem-solving approach relies on asking good questions, which can be challenging if you are used to solving your child's problems. The first question when a child brings you a problem should be: "Can you handle this on your own?" Next should be, "What do you want me to do to help you solve the problem?" These questions are not meant to deter children from coming to you. Rather to encourage and teach them to start working through their own concerns themselves.

# Coach them through problems and concerns

Imagine your child feels they were unfairly left out of a school sports team by a teacher and asks you get involved. The easiest solution may be to meet with the teacher and find out what's going on. You may or not resolve the problem but in doing so you are teaching a child to become dependent on you. Alternatively, you could coach your child to speak

to the teacher themselves and find out why they were left out. Obviously, there are times when children need their parents to be advocates for them such as when they are being bullied, but we need to make the most of the opportunities for children to speak for themselves. Better to help your children find the right words to use and discuss the best way to approach another person when they have problems. These are great skills to take into adulthood.

# Prepare kids for problems and contingencies

You may coach your child to be independent – walk to school, spend some time alone at home (when old enough), catch a train with friends – but do they know what to do in an emergency? What happens if they come home after school and the house is locked? Who do they go to? Discuss different scenarios with children whenever they enter new or potentially risky situations so that they won't fall apart when things don't go their way. Remember, the Boy Scouts motto – ""Be Prepared!

# Show a little faith

Sometimes you've got to show faith in children. We can easily trip them up with our negative expectations such as saying "Don't spill it!" to a child who is carrying a glass filled with water. Of course, your child doesn't want to spill it but you've just conveyed your expectations with that statement. We need to be careful that we don't sabotage children's efforts to be independent problem-solvers with comments such as, "Now don't stuff it up!", "You'll be okay, won't you?", "You're not very good at looking after yourself!"

# Applaud mistakes and stuff ups

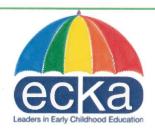
Would a child who accidentally breaks a plate in your family while emptying the dishwasher be met with a 'that's really annoying, you can be clumsy sometimes' response or a 'it doesn't matter, thanks for your help' type of response? Hopefully it won't be the first response, because nothing shuts down a child's natural tendencies to extend themselves quicker than an adult who can't abide mistakes. If you have a low risk-taking, perfectionist child, consider throwing a little party rather than making a fuss when they make errors so they can learn that mistakes don't reflect on them personally, and that the sun will still shine even if they break a plate, tell a joke that falls flat or doesn't get a perfect exam score.

As I've often said your job as a parent is to make yourself redundant (which is different to being irrelevant) at the earliest possible age. The ability to sort and solve your own problems, rather than step back and expect others to resolve them, is usually developed in childhood. With repetition and practice problem-solving becomes a valuable lifepattern, to be used in the workplace, in the community and in family relationships.

# Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.





# Clunes & District Pre-School Enrol Now For 2021

3 year olds &
4 Year olds
15 hours 3 sessions/week
Contact the pre-school or enrol online
www.ecka.org.au

<u>clunes.district.kin@kindergartenvic.gov.au</u>

Ph: 5345 3228

109 Fraser St Clunes 3370

Hepburn Shire is supporting our Pre-School to deliver 15 hours of funded kindergarten along with our already 15 hours of funded 4 year old. We need all families to enrol soon so we can determine numbers and therefore staffing. We urge any families with young children to enrol ASAP so they have a place!

	300	Te	erm 2 Calendar – Draft #7 11 <sup>th</sup> June 2020	new information highlighted ©	
	Mon	13-Apr	Easter Monday Easter Newsletter- email Saturday 11/4		
	Tue	14-Apr		elephone calls from staff to families (pm)	
-		<u> </u>	Antoinette- Private Music Lessons CANCELLED At school UNTIL FURTHER NOTICE. Antoinette will make		
WEEK	Wed	15-Apr	personal contact with participants. School Council Meeting – date & method TBC		
NE		First Term 2 Newsletter home.			
	Thu	16-Apr	Please forward to school articles for the Newsletter.	CORONAVIRUS (COVID-19) RESTRICTIONS REMAIN IN PLACE	
			NO Breakfast Club or LUNCH ORDERS in Term 2	RESTRICTIONS REMAIN IN PLACE	
	Fri	17-Apr	Student Leadership meetings will continue	The greatest risk of transmission of	
7	Mon	20-Apr		coronavirus (COVID-19) is between adults. Please prepare your	
WEEK	Tue	21-Apr		children to be collected	
VE	Wed	22-Apr	School Council Meeting- online		
_>	Thurs	23-Apr	Learning Pack collection 3-6pm	from an external meeting	
	Mon	27-Apr		point.	
m	Tue	28-Apr	SSG Meetings x 2	During drop-off and pick-up of your child	
H.	Wed	29-Apr		remember to keep 1.5m between yourself and other adults.	
WEEK	Thu	30-Apr	Learning Pack collection- 3-6pm	00	
	Fri	1-May	O The second of	1.5m 💝	
4					
WEEK	Mon Wed	4-May 6-May			
NE	Thurs	7-May			
		MES ESINES			
(5	SUN	10-MAY	MOTHER'S DAY	Please move promptly away from the	
WEEK	Mon	11-May			
₹	Wed	13-May	School Council Meeting 7pm online	school grounds.	
	Thurs	14-May			
9	Tue	19-May		Please avoid the Office if at all possible!	
Ä	Wed	20-May			
WEEK	Thurs	21-May	Learning Pack collection 3-6pm (Yrs 3-6 only) - new de		
	Fri	22-May	Years P-2 'finishing incomplete work' / rest day		
	Mon	25-May	STUDENT FREE DAY		
K 7	Tue	26-May	Year Prep, One & Two students return to school Multiple entry/ exits points to school. Please see details.		
WEEK	Thurs	20 84	Learning Pack collection 3-6pm (Yrs 3-6 only) (last Yrs 3-6 Pack)		
>	Thurs Fri	28-May 29-May	NEWSLETTER  Vr. 7. 2021 Transition does FINAL DATE TO BE RETURNED TO COST.		
Section 1.4			Yr 7 2021 Transition docs FINAL DATE TO BE RETURNED TO CPS!		
m	Mon	1-Jun	Years P-2 Parent Teacher Conversations- Week 8 (begin	ning June 1)	
×	Tue	2-Jun			
WEEK 8	Wed	3-Jun	Mini Navodata a Britania da Cara da Ca		
>	Thu	4-Jun	Mini Newsletter- Return to School update		
	Fri	5-Jun	Yrs 3-6 'finishing incomplete work' / rest day		
6	Mon	8-Jun	Queen's Birthday- Long Weekend		
WEEK 9	Tue	9-Jun	Year Three, Four, Five & Six students return to school		
VEE	Wed	10-Jun	School Council Meeting 7pm online		
>	Thu	11-Jun	Newsletter Communication of the communication of th		
	Fri	12-Jun	No parking in the Staff Car Park as drop off/ pick up po	int (following trial this week)	
0	Mon	15-Jun	Years 3-6 Parent Teacher Conversations- Week 10 (begin	nning June 15)	
¥ 1	Tue	16-Jun			
WEEK 10	Wed	17-Jun			
3	Thu	18-Jun	Mini Newsletter		
	Fri	19-Jun			
_	Mon	22-Jun			
1	Tue	23-Jun	Semester 1 Student Reports- home to families		
WEEK 11	Wed	24-Jun			
>	Thu	25-Jun	JSC- Pyjama Day! No cost! Please see the JSC flyer inside!   Newsletter		
	Fri	26-Jun	Last day of Term 2 Casual Dress Day- no coin donation	required <u>End of School Time 2.30pm!</u>	

Remote and flexible learning in Term 2, 2020.

# **Learning from Home Parent/ Carer feedback request (optional)**



Dear Parents and Carers,

Students and staff have been back **on-site** at Clunes Primary School for at least a full week now and it is time for us all to reflect and consider the successes and challenges of Remote and flexible Learning from Home. Over the next week we encourage you to provide us with feedback. We actively seek and value your responses.

Please return this feedback sheet to the Office before the end of term (Friday 26<sup>th</sup> June, 2020)

Kind regards, Sonia			
As Parents and Carers:	Name: (optional)		
What did you like about Learning from Home? What worked well?			
What didn't you like about Learning from Home? What did not work well?			
What would have made Learning from Home better? What are the	things you think that sould have been done by		
What would have made Learning from Home better? What are the things you think that could have been done by Clunes Primary School to have made Learning from Home better for your child?			

Please add any other feedback that you would like to give over the page.

Thank you.