

We learn. We show respect.

We are safe.

Thursday 13<sup>th</sup> September 2018

**"Golden Past, Bright Futures"** Canterbury Street, Vic. 3370 Telephone (03) 5345 3182. Fax (03) 5345 3555 Email: <u>clunes.ps@edumail.vic.gov.au</u>

## Clunes Primary School Newsletter

Please see our DRAFT 5 Term 3 Calendar on the back page   + Term 4 Calendar Draft 1     Dear Parents/Caregivers,     You will have heard on the media that overall our Victorian Primary School's NAPLAN data has continue to improve. As you will see below, this has also been reflected in our school's Relative Growth data; key     Reading, Writing and Numeracy data, identified as ongoing key improvement areas within our 4 year     School Strategic Plan and 2018 Annual Implementation Plan. 'Relative Growth' is of particular focus to th     Determine the 2016 Survey   Attitudes to School data continues to be very high.     Attitudes to School Survey   Attitudes to School Survey     Pactering Endocrament 2018   Page 2016     Particular focus to whether the 2016 for the set to set			UPC	OMING E	VENTS	
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	(@ Yner 5	38%				Black- State

Best wishes to you all for a happy and safe last week of Term 3 ahead! A Term 3 summary Newsletter will go home next week. Kind regards, Sonia & CPS staff.

The Real Processor	FOR Our Term 3 Ye	HE WEEK AWARDS TERM 3 ou Can Do It key is: sistence		
Prep/1B - James		1/2H – Taya, Branden		
Year 2/ 3D – Kodah, Bethany		3/ 4LM- Sienna		
4 /5T – Jatalia, James		5/ 6 A- Daniel, Henry		
Chaplain's Award – Cushla, Bethany		Mrs Laurie's Award- Killian, Noah, Jesse R Ms Jardine's Awards- Lacey, Chloe C		

Bus Travellers Awards: Congratulations to James, Taya

Sports Congratulations- wishing our Division Athletics students all the best in their events tomorrow! (feature next week)

#### CHAPLAIN'S CHAT

I love it when I hear stories of our students showing kindness to others! I read this recently and thought it was a great thing to share...

"Academic education is important... but so is social education. Teach your children to be kind, teach them to offer help, teach them to be a friend to the lonely, teach them to encourage others, teach them to think about other people, teach them to share and teach them to look for the good...this is how they'll change the world."

Have a great week! Blessings,

Julie McDowell Chaplain



We are absolutely thrilled to announce to the school community that Mrs & Mr Tuddenham expect the joyous arrival of a new baby just after school commences next year. We wish the Tuddenham family our sincerest congratulations! Mrs Tuddenham will consequently be taking maternity leave early in the new year.



## Term 3 DISCO – Thursday 13<sup>th</sup> September-TONIGHT!

*in the Multipurpose Hall- led by our Junior School Council team* Theme: Movie/ TV/ Book Character or 'casual dress'

Entry \$2 Juniors Prep-2 - 6:00pm – 7:00pm Seniors Year 3-6 - 7:15pm – 8:30pm Food & Drinks will be available for sale at the Disco: Please let us know via the Office if you can assist in the canteen on the night.

# **Term 3 Hot Lunch Day**



A sincere and very special

thank you to our parents for our delicious Term 3 Hot Lunch Day last Wednesday 5<sup>th</sup> Sept! A yummy and popular treat for participants!

Father's Day Gift thanks to our Parent Helpers who

supported our very successful and meaningful Father's Day gift arrangement last week.

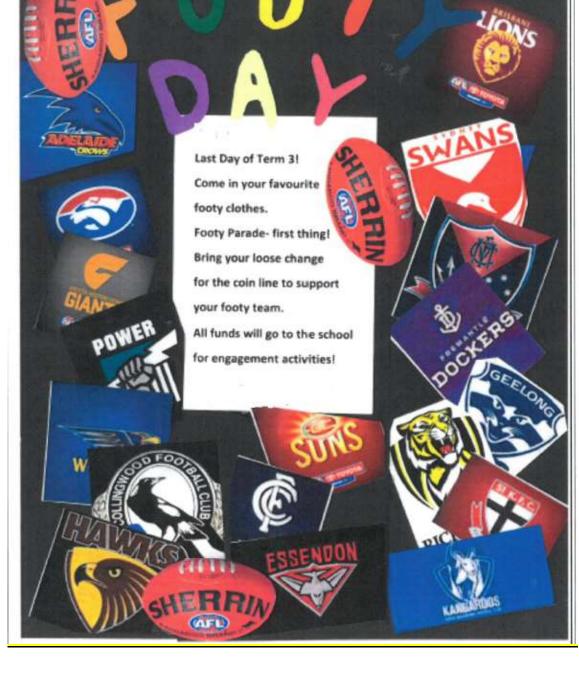


### Trivia Night- Royal Wedding fundraiser

Lots of fun was had by all attending! Special thanks to Andy, Jo, Jaqui, Ruth, Shane and Matilda for all of your efforts with the evening! Just over \$1000 was raised to go directly towards buying Clunes PS Team logo Sports Tops. Students will wear these when representing the school in all inter-school events.

Our Clunes Top Shop has changed ownership. Thank you to Shane & Selina for your many years of Friday lunches support. We look forward to continuing this productive partnership with the new owners. ©

Business as usual - Friday Lunch Orders can be placed and prepaid anytime the shop is Open. Please order and make payment no later than 9am Friday morning. Thankyou (Please let us know when ordering if your child suffers from any food allergies) Prices subject to change at anytime... \*If You have any outstanding money owed to the Top Shop- Shane & Selina, please settle your bill asap!





IO PINARC (1800 746 272)

For parents and carers of children with disabilities in the Daylesford area.

3 course Lunch (restricted menu) Time: Tuesday 16th October, 12pm Venue: Daylesford Royal Hotel Cost: Free\*

Who can attend? Parents or carers of children v

\*Registration is essential as placts are limited

h disabilities

How do I register?

11.0

Contact Rebocca Paton, Parent Support Coordinator 5329 1361, rpaton@pinarc.org.a



# Positive Parenting Telephone Service

Our free 6 to 10 Week program helps you to:





Have Stronger more positive relationships

Set rules and limits



Manage everyday behaviour problems

Participants complete a workbook or online modules which are supported by weekly 30 minute phone calls with a trained parenting educator.

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1800 880 660





FREE

VICTORIA WIDE SERVICE

For:

Parents

Grandparents

Carers

of children aged 2 to 12 years



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### Math Challenge Day

A group of very excited Grade 5 and 6 students went to Mount Rowan Secondary College to participate in the Math Challenge Day. We were very nervous but felt great once we were there!

At Mount Rowan we found out about other people's skills and strengths. Every time there was 10 minutes left we all got bonus points if we completed a question. Some groups were with Ashley or Hunter (they are old students from Clunes Primary School). The questions were brain testing. It was pretty easy at the start of the math questions but as the day progressed it got harder and harder. The Sudokus were easy at the start and then it got harder, at the start it was 2 by 2 then it was 4 by 4 etc... It was snack time before the Sudokus; we got finger buns and fruit. The next math challenge was not scheduled so it was a bonus. It was an 'in and out' activity which was related to algebra as we had to work out the math rule and pattern. All of the teachers there, including the High School teachers, commented on how wonderfully behaved the Clunes Primary School students were. By Rowan T and Isobel B. 

#### 3 September 2018

### 9 digital technology guidelines for parents



by Martine Oglethorpe

Technology is everywhere now, in our homes, in our pockets, and perhaps worryingly for many parents, in our children's hands.

Every family is different, and will have their own ideas around what's considered 'normal' or acceptable use of our beloved devices, which means there's no universal answer.

However, there are some suggestions that can help you build some rules of your own and bring some order to the way your children use digital devices at home.

Before we help our young people, it's best to look at our own digital habits to make sure we are providing them with what they need – that is, leading by example and being balanced role models who know when to use and when not to use their devices.

#### 1. Know what the rules and expectations are at school

School digital device policies make a great starting point for families. Every school is different – some let students keep mobile phones in lockers or backpacks, while others allow limited mobile phone usage between classes or even during class time to aid with assignments. Make sure that you and your child know what the rules are at school. Importantly, support the school and keep your own expectations in line with theirs.

#### 2. Specify hours for digital use

Set the ground rules for when your youngsters can use their tablets and phones, and when they need to shut them off for the night. It's just a smart way to build a habit for the whole family so it becomes ingrained and just the way things are done in your home. Keep in mind that this age group faces tremendous peer pressure to be online 24/7, and even though they'd never admit it, it might be helpful for them to have an acceptable 'way out' from their demanding digital life.

#### 3. Consider a digital device 'contract'

Mobile phone 'contracts' were popular with parents a few years back and they are still a smart way to go. Clearly set out your digital device usage guidelines, and print them in an agreement that you and your young one can both sign. If there are any disputes, then you both have the expectations in writing. This digital technology guideline maybe a little too formal for many people's tastes, but it removes the grey areas around expectations that many young people are likely to exploit.

#### 4. Lay out consequences from the start

Make the consequences clear for breaking the rules, such as taking away the phone or tablet for a set period of time. But remember, the goal isn't to punish them, but just to set clear boundaries. Your home's digital device guidelines should be reasonable rather than excessive, and be made in collaboration with your youngster so they feel a sense of ownership about the rules too. This should make it less likely for them to 'break the law', so to speak.

#### 5. Talk about respectful relationships, safety and pornography

You can't let your young person loose in the digital world without having several conversations about how to stay safe online, how to show respectful behaviour and be aware of the pitfalls of pornography. Each of these topics is a separate issue on its own, but each is deeply affected by the virtual, boundary-free nature of digital technology. This kind of digital exposure can have massive ramifications on the growth and development of young people, especially when it comes to the quality of their relationships and well-being.

#### 6. Be prepared to learn

Be ready to learn about social media, and the different apps and games that young people may be playing. But at the same time, be mindful of their boundaries. A recent Australian survey found that young people see TV-watching as a way of connecting to their family, and social media as a way of connecting to their friends.

#### 7. Change the rules if necessary

Many families will have a young one who believes that rules are made to be broken. They are the ones always pushing past their boundaries, their own limits and the limits of their parents' patience. See Smart parents take a more flexible approach, and believe that rules are made to be changed. Be prepared to keep evolving your rules based on your young person's behaviour, maturity, sleep habits, their tendency to leave homework or chores unfinished, bullying or any number of issues that will invariably crop up to make them feel like your rules just aren't working.

#### 8. Keep digital devices out of the bedroom

If there was one rule that you should stay firm on, then this is the one. Many young people are in a constant sleep deficit as it is without bringing digital devices into the mix.  $\begin{bmatrix} L\\ SEP \end{bmatrix}$  They may say they want to charge it in their room.  $\begin{bmatrix} L\\ SEP \end{bmatrix}$  Keep the charger in a public place.  $\begin{bmatrix} L\\ SEP \end{bmatrix}$  They may even want to use their mobile or tablet to wake up in the morning.  $\begin{bmatrix} L\\ SEP \end{bmatrix}$  Applaud them on wanting to wake up on their own, but get them a regular alarm clock instead.

#### 9. Have a 'digital detox' one day a week

The only way that this idea will work is if you join them in making one day a week a digital devicefree day. They will probably not like it, and neither will you, but the point of having one day off is to prove that they can live without their digital device, and involve them in different forms of communication and entertainment.

Digital technology is now an integral part of our lives, but it's not the only option we have for entertainment, information and or communication. Before we help our young people, it's best to look at our own digital habits to make sure we are providing them with what they need – that is, leading by example and being balanced role models who know when to use and when not to use their devices. They are far more likely to walk our walk than follow our talk.

It's not easy, but with a little effort and forethought, it does not have to be such a daunting proposition.

#### Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent

TERM 3	DRAFT 5	PARENT CALENDAR 2018	13/10/18	No Walk to School in Term 3
Week 9: 10 - 14 September				
Tuesday 11 Ser	ptember:	Maths Challenge Day Yrs 5 & 6	x4 teams	Mt. Rowan SC

Tuesday II September.	Maths Chanenge Day 118 5 & 0 x4 teams Mit. Rowan SC
Wednesday 12 September:	School Council meeting
Thursday 13 September:	School Disco
Friday 14 September:	Division level Athletics Sports- 6 students participating

#### Week 10: 17- 21 September

Tuesday 18 September:Major Games- Daylesford - cancelled by coordinating school- Daylesford - St MichaelsFriday 21 September:Last Day of Term 3Footy Parade/ Coin line fundraiser

Swimming Program – Term 4 4/5T & 5/6A arrangements have been forwarded home. Rest of school Swimming program detailed next Newsletter & notes coming home Week 1 of Term 4.

TEDM 4 CALENDAD 2010	DADENTE June 4 #1 12/10/19
TERM 4 CALENDAR 2018Week 1:8-12 October	
Monday 8 October:	First day of Term 4
Tuesday 9 October:	4 /5T & 5/ 6A Swimming begins
Wednesday 10 October:	Walk to School Program begins
Thursday 11 October:	Breakfast program begins
Week 2: 15- 19 Octob	er
Tuesday 16 October:	4 /5T & 5/ 6A Swimming
Wednesday 17 October:	NO OCTOBER School Council Meeting
Friday 19 October: Week 3: 22- 26 October	EB- School Walkathon
Monday 22 October:	Sovereign Hill (Yr 2s)
Tuesday 23 October:	4 /5T & 5/ 6A Swimming <u>Junior School Council Meeting</u>
Friday 26 October:	World Teachers Day
Week 4: 29 October-	2 November Student Support Group Meetings/ Koorie Meetings this week
Tuesday 30 October:	4 /5T & 5/ 6A Swimming
Thursday 1 November:	Student Support Group Meetings/ Koorie Meetings
Week 5:5- 9 NovemberTuesday 6 November:	er last 4 /5T & 5/ 6A Swimming snail races? TBC
Thursday 8 November:	Kinder Transition 1 9-11am
Friday 9 November:	BALLARAT SHOW- PUBLIC HOLIDAY
Sunday 11 November:	<b>REMEMBRANCE DAY-</b> optional School Captain participation
Week 6: 12- 16 Noven	nber
Tuesday 13 November:	Yrs 3D & 3/4LM Swimming begins
Wednesday 14 November:	P- 2D Swimming begins School Council
Saturday 17 November:	CLUNES SHOW
Week 7: 19- 23 Noven	nber
Tuesday 20 November:	Yrs 3D & 3/4 Swimming
Wednesday 21 November:	P-2D Swimming
Thursday 22 November: Friday 23 November:	Kinder Transition 2 9-11am ENERGY BREAKTHROUGH ENERGY BREAKTHROUGH
Saturday 24 November:	ENERGY BREAKTHROUGH State Election
-	
Week 8:26 NovembeTuesday 27 November:	er- 30 November Yrs 3D & 3 /4 Swimming Junior School Council Meeting
Wednesday 28 November:	P- 2D Swimming
Friday 30 November:	Wesley Concert 1.30pm at Blue Stone or Clunes PS venue TBC
Week 9: 3-7 Decemb	
Week 9:3-7 DecembTuesday 4 December:	Yrs 3D & 3 /4 Swimming
Wednesday 5 December:	P- 2D Swimming
Thursday 6 December:	Kinder Transition 3 11-1pm
Week 10: 10- 14 Dece	mher
Tuesday 11 December:	State-wide Transition Day – Kinder Transition 4 9am-1pm
······································	Last 3D & 3 /4 Swimming
Wednesday 12 December:	Last P- 2D Swimming School Council meeting
Thursday 13 December:	Carols? TBC
Friday 14 December:	Parent Helper End of Year thank you Morning Tea
Week 11: 17- 21 Decer	mber
Monday 17 December:	Focus Day- Xmas Semester 2 Reports & 2018 Class Lists home today
Thursday 20 December:	Year 6 Graduation
Friday 21 December:	Last Day of Term 4/ 2018 School Year 1pm finish
To be confirmed: Carols date, Final	School Council meeting? TBC School Council end of year dinner?, Garden Awards excursion? Class
Parties, 2.30- 3pm 2019 whole Scho	ool Transition, EB training days