

We learn. We show respect.

We are safe.

Thursday 30th August 2018

"Golden Past, Bright Futures" Canterbury Street, Vic. 3370 Telephone (03) 5345 3182. Fax (03) 5345 3555 Email: <u>clunes.ps@edumail.vic.gov.au</u>

Clunes Primary School Newsletter

UPCOMING EVENTS

Please see our **DRAFT 5** Term 3 Calendar on the back page

Dear Parents/Caregivers,

NAPLAN Online 2019

Clunes Primary School has been selected to participate in <u>NAPLAN Online for 2019</u>. To help schools and staff prepare for the transition online, **a School Readiness Test (SRT) will be conducted at our school on Tuesday 4th September 2018**. The SRT involves all transitioning schools (1000 in Victoria) completing a minimum of one sample online test per NAPLAN year level. At Clunes Primary School we will participate in the Year 3 and Year 5 Omnibus Assessment and the Year 5 Writing Assessment. The SRT is intended to give all schools an opportunity to confirm their ICT capacity, to determine the most effective way to deliver NAPLAN Online and to provide staff with an introduction to the tests. Please see Sonia with any questions or concerns. Thank you.



Well done to all participating students. The calibre of the pieces of writing/ poetry was exemplary! Please see three of the four pieces in this Newsletter. (Jayde's will be in our next Newsletter) Best wishes to you all for a happy and safe fortnight ahead! Kind regards, Sonia & CPS staff.

International eSmart week

Next week is the national week of eSmart and Clunes Primary School is an eSmart school. The week is dedicated to help our world become safer when using the internet. The week is also to celebrate our achievements of being safe, smart and responsible when interacting and working with devices.

We must be safe on all devices. We achieve this by:

- Using strong and different passwords eg. RedT4[yUi and never sharing them.
- Limiting interactions when using online platforms.
- Telling a trusted adult if a problem occurs.
- Ignoring all 'pop- ups'.
- Checking if a website is safe.
- Checking our privacy settings.
- Not giving out personal details.
- Not posting photos or comments about others.
- Playing games that are suitable for our age.





By Purv and James (eSmart student committee).

STUDENT OF THE WEEK AWARDS FOR TERM 3 Our Term 3 You Can Do It key is: Persistence			The Report of Party
Prep/1B -		1/2H – Julian	
Year 2/ 3D - Zeb		3/ 4LM- Hannah L	
4 /5T – Purv, Jayde		5/ 6 A- Hannah T	
Chaplain's Award -	- Max F	Mrs Laurie's Award- Ms Jardine's Awards-	

Bus Travellers Awards: Congratulations to Killian, James,

Sports Congratulations- Year 5/6 girls- Competition Champions! To all of our Clunes PS Indoor Soccer players at year 3 /4 and 5 /6!





After their first win!



Thank you Mr. James, support teaching staff and parents for your support!

CHAPLAIN'S CHAT

The Anger Iceberg is a great tool for explaining an



Icebergs are large pieces of ice found floating in the ocean. What you can see from the surface can be misleading because most of the iceberg is actually hidden below the water. This is how anger works. Often when we are angry, there are other emotions hidden under the surface...grief, shame, guilt, disappointment, fear, uncomfortableness, anxiety, depression, loneliness, helplessness. These are just some of the underlying emotions connected to the Anger Iceberg. *What feelings could be lying under your iceberg?!* It's worth having a think about; for our children...and for ourselves!

Have a great week! Blessings, Julie McDowell Chaplain

Friday 31st August – JSC



Gold coin donation

We would like to invite you to help put a smile on the faces of sick children and their families around Australia.



Fundraiser



How your funds help

- Memorable experiences for kids and their families
- items such as prams, car seats & clothes
- More Distraction Boxes for hospitals, containing therapeutic toys that guide children through painful procedures
- Contributions to funerals & memorials
- Payment of outstanding bills to ease the financial burden on families
- Equipment that can assist in managing conditions and illnesses

Wear your Tracky Dacks to support this fundraiser! Creswick & District Community Bank® Branch Seeks applications or nominations for the 2018 JARED TALLENT AWARD

TO BE AWARDED TO

A JUNIOR SPORTSPERSON FROM OUR DISTRICT (Aged 18 or under at 31/8/18)



A \$500 Bank Account & Trophy

will be awarded to the person selected Applications close 31st August 2018 Copies of the Criteria can be collected from the Creswick & District Community Bank® Branch

Poem about India

In India we eat Indian curry. It smells like food in the air. The dust sometimes makes me sick. The shouting makes my ears burst into the air. Music makes me happy especially listening to it at Diwali.

We play with a bamro (spinning top). I hear a lot of motor bikes. All of the Indians pray to the god's. Monkeys steal our food and plants. The surroundings make me happy because it feels like home. My mum looks at all of the new dresses. Eating all of the fruit (fruit ninja) is something my family enjoys.

The Taj Mahal is gargantuan like 3 elephants. The fountains sound like 3 pebbles splashing. Taj Mahal is also one of the wonders of the world. There was a man and his wife who died from a disease who created the Taj Mahal for his loved one.

In Indian schools if you are naughty you get whacked by the wooden ruler. I can hear the whacking. The desks in India are made out of wood and it is like a slope. I can feel it in my hand and I can see the desks flip up. When it's recess, you can go home and eat or you can stay at school if you eat at school. If you eat at school you need to wash your own dish. I see the students wash their dishes. There is no grass but there is only dirt so they need to take of their shoes off. Your clothes get really dirty and it's really annoying.

There are a lot of floods in monsoon season because of rain. I can imagine the floods washing down the streets. The current prime minister of India is Mr Naredra Modi. The president of India is Ram Nath Kovind. Their British empire took all of the sugar cane.

India has 24 states and 3 territories. Each state and territories speak different languages. But the main language is Hindi. The tiger is the national animal of India.

India is my home and my treasure.

by Purv.

Christmas

Imaging the perfect Christmas as I dress up the tree. It sounds like Christmas carols are going in the distance. Handling the stocking in my hands I place it above the fire. I can taste the sweet apple sauce that lies on the pork. The sweet pine smell fills my heart with hope that Santa soon will arrive.

Witnessing the milk in the fridge with the cookies and carrots I think about how close it is coming. The sound of bells jingling through the sky makes me sleepy. I can feel the cookies crumbling in my hands. The taste of sweet chocolate cookies melt in my mouth. The smell of reindeers and carrots fill the air.

I see the teddies staring at me to say that Santa will arrive soon. It sounds like footsteps tip-toeing loud on the roof. The warm bed feels like a hot hot chocolate running through my mind. My bed tastes like a warm sheet of chocolate brownies. It smells like a warm Christmas roast with gravy.

I see the sun rise coming up the hills. It sounds like birds tweeting as they travel through the air I feel the presents inside the stocking. I taste the sweet morning breeze rubbing on my chest. I smell the wrapping paper hiding the present.

It looks like presents stacked to top of each other. I hear the Christmas carols asking me to sing. I feel the wrapping paper sliding through my hands as I tear it. Tasting the joy of singing the Christmas carols as I prepare my voice. I smell the night sky darkening the beautiful blue sky.

I see the tree burning as it goes on the fire. I listen to the wrapping paper rustling as it goes in the garbage. I feel the joy saying goodbye to my heart. I taste the gingerbread man as it is coming back next year. I smell the Christmas lights blowing all over the place.

Looking out the window I see the garbage truck coming to collect the rubbish. Overhearing people whispering that Easter is already on its way. As I'm stroking the tin on the roof I am looking up at the sunset. I taste the last candy cane of the year. I smell the smoke as it blows in my face. By Ameekah

NETBALL CLUB

GILBERT

Girls and Boys allowed

Prep to grade Six

It will on Thursday lunchtime in the hall

Coaches/Teachers

Sienna and Charlie

He sat calmly, waiting patiently for what was to come, for the home was of an eerie silence, he started to ponder what was to come next, and the life he had lived.

The first of his treasured memories to come to mind was one of his earliest, his first time kicking a football, and how he had fallen back into the arms of his beloved father, who had been as proud as ever. He remembered his first trip to the barber down the street, the streams of tears that had rolled down his cheeks, and the doting smile of his beloved mother. His next memory was one of his most cherished, he remembered his first day of kindergarten, his newfound friends, and the sandbox he loved, a tear of joy rolled down his cheek as he remembered. The next thought that entered his mind was another of his most beloved, for this memory would bear his first holiday, the trip to the beach where his family had stayed in his aunt's beach house, he remembered splashing in rock pools and building sandcastles with his father.

He remembered his first day of school, how he was the only one who didn't attend the local kindergarten, and the new friends he had made. He remembered his first time going to the football, and the cold, wet MCG seat that greeted him.

He remembered his last days of primary school, and the butterflies that roamed his stomach before high school. He remembered his first days of high school, meeting new teachers, making new friends and catching the grimy public bus with his old friends.

He remembered his old house, and packing his possessions into the rickety, old-timey moving truck.

He remembered his high school, making more new friends, losing some, and finally, the tests, a memory he would much rather have forgotten.

He remembered his first job, working down the street as a mechanic, and making more new friends with other employees. He remembered his first car, its pale leather seats; he remembered his grandparents, their faint smiles, his grandmother's delicate, curly hair, and his grandfather's dry sense of humour.

He smiled when the thought of his first house arose; he remembered its lush, green grass, its humble redbrick construction, and the gumtree with branches that stretched across the backyard. He remembered his doting parents, his mother's bright smile, his father's calm voice, the retirement home they moved into, and the FOR-SALE sign that sat sternly on the front lawn.

He remembered his sixtieth birthday, the birthday cards his loving family had sent, and the foil balloons that sat on the kitchen table. He finally remembered his retirement, the bowling green, the new friends he had made, and his realization that life wouldn't last forever.

He sat calmly, waiting for what was to come, for the home was of an eerie silence, he started to ponder what was to come next, and the life he had lived, for his memories, the heartbreak, the tears of joy, his friendships, were a treasure like no other to him.

By Max.



My favourite thing at Log Cabin Camp was

The Giant Swing because I went upside down and it was amazingly fun! Summer 4/5T

The Zip Line because that was the only thing I went on, also I got out of my comfort zone, I was proud of myself. Chloe 3/4LM

The Commando Course because I had a go with Purv, got up to our tenth lap and pushed myself to the limit while having fun. Benji 4/5T

The Zip Line, Possum glide and Giant Swing because they were all very, very high and I pushed myself into the uncomfortable zone and did them. Declan 3/4LM

The Giant Swing because we got to pull a string to release ourselves. My second thing was the food that they served us for breakfast, lunch and dinner. Stella 4/5T

Was the giant swing because I loved it and it was fun. Lillian 3/4LM

The cabins because they were nice and cosy. Hannah 3/4LM

The Zip Line because James challenged us to go upside down passing a ball to each other. Callum 3/4LM

The Zip Line because it was the most fun activity. Sebastian 3/4LM

The Giant Swing because a cold heartless wind flooded my bones, as I was about the pull the rope. Reece 3/4LM

Was hut building because it was a new experience for me. Roman 3/4LM

The Giant Swing because it was a challenge to go on it and I loved it. Eve 3/4LM

Would have been hut building, because I liked working as a team with my cabin. Charlie S 4/ST

The riddles because they puzzled the brain but the answers were still satisfying. James 4/5T

The riddles because they were confusing and weird. Purv 4/5T The Giant Swing because I went 10 metres high, I was scared but I did it. Cloe 3/4LM

The Giant Swing because it was scary but fun, I loved it. Lilly 3/4 LM

The Zip Line because I liked zip lining and seeing all the trees and birds. Ayva 3/4LM

The Giant Swing because I stepped out of my personal bubble by going 18 metres high. Now I have more confidence in myself. Sienna 3/4LM

The Possum Glide because I conquered my fear of heights. Harry 3/4LM

The food because it was divine. I also liked the Giant Swing because it was scary, fun and high. Jakeil 3/4LM

The free time because I got to hang out with friends and play table tennis, volleyball, four square and exploring and I felt very exuberant about everything I did. Charlie D 4/5T

The free time because we got to relax and our cabins and we could play basketball, volleyball and go to the barn. Drew 3/4LM





The Giant Swing because of the freakish momentum of the swing when you pulled the string. Grace 3/4LM

The Giant swing because I went to the top, it was scary and windy. Dylan 3/4LM

The Zip Line because you can do lots of tricks and can do anything you like, it was really fun. Charlie I 3/4LM

The Possum Glide because I pushed myself and left my comfort zone. Elijah 3/4LM

The Frisbee Golf because you had to have good aim and concentrate. Brett 3/4LM

The possum glide because the pull team pulled me to the very top. Xaiden-Lee 4/5T

The possum glide because I went so high up it was so fun. Jude 4/5

The zip line it was 5 meters high and it was fun. Tamati 3/4LM

The Giant Swing because I faced my fear of heights. Kodah 2/3D

The Giant Swing because it went 18 metres high and I went upside down. Ryan 2/3D

The Giant Swing because it was exhausting. Max 2/3D

The Zip Line because you could go upside down and you could throw a ball to each other and catch it. Charlie E 2/3D

The Giant Swing because I could see ponies and my cabin from there. Jay 2/3D

The Giant Swing because I went really high when I pulled the rope and you could have a really good view of the ponies. Bethany 2/3D

The Possum Glide because it was 10 metres high. Daniel 2/3D

The cabins because I got to sleep with my friends. It was so fun. Xaiden Lee and I were on a bunk bed. Actually we were all on a bunk bed. Zeb 2/3D





27 August 2018

Father to father: 7 tips for fathering success

POSITIVE PARENTING

Fatherhood is life-changing. It's a very personal journey that a man experiences when he takes on the responsibility of parenting his kids. It's also a vital role, and it's all too easy to neglect the positive impact a father can have on his children's lives.

Every father's parenting journey will be different, and there is no one-size-fits-all answer to its challenges. But Father's Day is just around the corner, so this is a great time for some tried and trusted parenting tips to help you be the best dad you can be.

Father's Day is a wonderful opportunity to reflect on how men shape the lives of their children.

1. Play to your strengths

Fathers often parent in a more active or action-oriented way than mums, so games, play time and physical activity become important parts of a man's parenting repertoire. Your partner may not always appreciate your more active approach, particularly if you play with kids just before bedtime and then leave it to her to calm them down.

How to make it happen: Be yourself, but be smart about it!

2. Lighten up – don't take yourself too seriously

It's easy to get caught up in your own importance, taking yourself and your work too seriously. For many men a bad day at work translates into poor or, at best, distracted experiences when they're with their families. Consider putting a strategy in place, such as exercise, to help you leave work, and the bad moods it may engender, behind.

How to make it happen: Be present in mind as well as in body when you're with your kids.

3. Find something in common with your child

It would be wonderful to say that you can always connect with your kids, but family life is never that straightforward. There'll always be a child who we struggle to connect with, or a developmental stage during which the child feels alien to you. In these times it helps if you share a common interest (such as a love of sport or music) with them, so that you always have something that will bring you together, even though you may not always see eye to eye.

How to make it happen: Take an active interest in what interests your child.

4. Go easy on your son sometimes

Many dads are tough on their boys and have expectations that go way beyond their son's interest and abilities. Remember, it takes boys a little longer to mature. Resist the temptation to turn every game and every father-son activity into a lesson and avoid giving advice when your all your son wants is to be understood.

How to make it happen: See the boy as he is now, not the man you want him to grow up to be.

5. Enjoy the outdoors with your daughter

The biological nature of fatherhood causes most men to be very protective of their daughters. But that doesn't mean you should put your daughter on a pedestal and treat her like a little princess. Expect a lot from her. Play with her, and get her outdoors as it will do wonders for her confidence and independence.

How to make it happen: Enjoy spending time outside with your daughters on a regular basis.

6. Be ready for kids to knock you off your pedestal

Most children in the preschool and middle-to-late-primary school years look up to their dads. "My dad is bigger and better than your dad!" is a type of mantra that's familiar to many men. Make the most of this admiration as the Superman Syndrome won't last. Young children soon turn into

adolescents, who generally go to great lengths to prove that you're just Clarke Kent after all. Expect them to stop laughing at your jokes, roll their eyes at your well-intentioned advice and even give you the cold shoulder in public. Ouch! It can be hurtful to a man who just wants to be the best dad he can be.

How to to make it happen: Don't take yourself too seriously, and give them room to be grumpy sometimes.

7. Give your kids a compass and a map

One day your children will become truly independent individuals. Don't worry! You won't be irrelevant, you'll just be taking the backseat in a more practical and managerial sense. There are two things you can do to help your kids safely navigate the world when you're not around. First, help them develop a set of positive values including integrity, honesty and respect that will act as their moral compass when they have difficult decisions to make. Decomposed when you're personal story over time, as this narrative will become ingrained like personal map that will guide them when life gets tough. It's good to know that they won't be in uncharted territory when they finally strike out on their own.

How to make it happen: Take the time to tell kids your story and own it - don't make them guess it or learn it from someone else.

Father's Day is a wonderful opportunity to reflect on how men shape the lives of their children. It's a very personal reflection as each man's experience of fatherhood is as unique as the children they are raising. Take the time to reflect on your own fathering style as well as the contribution that a father (either your own dad or else's dad) has made to your own life.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.



Family Relationship Centre

- Mediation for separated parents or carers.
- > Assistance managing separation.
- Support to minimise children's exposure to conflict.
- Property mediation for former couples.
- Information and referrals for support.

To book a FREE initial consultation, phone 1300303988, or drop in to Centacare's Family Relationship Centre @ 34 Peel St Nth, Ballarat







Book Week- Find your treasure in a book! A 'treasure' of a day had by all!

TERM 3	DRAFT 5	PARENT CALENDAR 2018 30/8/18 N	No Walk to School in Term 3
Week 1 Tuesday 17 J Wednesday 1 Thursday 19 Friday 20 Jul	8 July: July:	Rolling Facilities Evaluation 7am Walk to School Program held over until the weather con Breakfast program begins Responsible Pet Ownership Yr 6 'Heroes' session First payment (deposit)	
Week 2: Tuesday 24 J Wednesday 2 Thursday 26 Friday 27 Jul	25 July:	NAPLAN Online 2019 Briefing to staff School Council Yr 6 'Heroes' session s' session	
Week 3: Tuesday 31 J Thursday 2 A Friday 3 Aug	August:	ugust Junior School Council Meeting Yr 6 'Heroes' session- Rehearsals Yr 6 'Heroes' session- Rehearsals Year 5/6 Netball C	'omp- Ballarat
Week 4: Monday 6 Au Wednesday 8 Thursday 9 A Friday 10 Au	3 August: August:	Staff PD- Cultural Inclusion Training – 3.5 Hrs evening Yr. 6 Parents informed of Yr 7 school placements Transition Yrs 6-7 Completed Yr 6 'Heroes' session- Koorie SSGs Yr 6 'Heroes' session- Dress & Tech F Mr Hoffmann presenting Mathematics PD to 4 schools Yr 6 'Heroes' Performances- 2pm & 6pm	Rehearsals Runs
Week 5: Monday 13 A Tuesday 14 A Wednesday 1 Thursday 16	August: August: 15 August:	t Log Cabin Camp 13-15 August Yr 3s & Yr 4s Ed Log Cabin Camp Log Cabin Camp School Captains- Parliamentary Convention- City our National Schools Tree Day- planting day Year 3 /4	
Week 6: 20 Monday 20 A Tuesday 21 A Wednesday 2 Friday 24 Au	August: August: 22 August:	ok Week Theme- Find your treasure! NAPLAN Onlin Prep/1 & 1 /2 visiting Art Gallery of Ballarat for Storyte 2/3D & 3/4LM visiting Art Gallery of Ballarat for Story revised date for School Council Book Week Parade followed by Focus Day 2-3 @ Clu	eller session yteller session
Week 7: Tuesday 28 A Wednesday 2 Friday 31 Au	29 August:	Indoor Soccer Championship Years 3/4 Indoor Soccer Championship Years 5/6	Night Fundraiser
Week 8: Tuesday 4 Se Wednesday 5 Friday 7 Sep	eptember: 5 September:	Der Sunday 2nd September – 10am -12pm SCHOOL <u>Junior School Council Meeting</u> trial 2019 NAPLAN of Hot Lunch Day Division Aths- students participating Yr 5 /6 Humar	
Week 9: Tuesday 11 S Wednesday 1 Thursday 13 Friday 14 Se	2 September: September:	ember Maths Challenge Day Yrs 5 & 6 4 teams Mt. Rowan S School Council meeting School Disco Division level Athletics Sports- 6 students participating	
Week 10: Tuesday 18 S Thursday 20 Friday 21 Se	17- 21 Septe September: September:		

y 21 September: Last Day of Term 3 Footy Parade/ Coin line fundraiser To be confirmed: Swimming Program – Term 4 arrangements detailed next Newsletter