



*We learn. We show respect.  
We are safe.*

Thursday 16th August 2018

*"Golden Past, Bright Futures"*

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# Clunes Primary School Newsletter

## UPCOMING EVENTS

Please see our **DRAFT 3 Term 3 Calendar** on the back page

Dear Parents/Caregivers,



Year 6 performance 'The Heroes Journey'

**Best wishes to you all for a happy and safe fortnight ahead!  
Kind regards, Sonia & CPS staff.**



## STUDENT OF THE WEEK AWARDS FOR TERM 3



Our Term 3 You Can Do It key is:

**Persistence – Awards begin next week!**

Prep/ 1B - Bella	1/2H – Cushla
Year 2/ 3D - Noah	3/ 4LM- Sebastian
4 /5T – Isobel	5/ 6 A- Kaitlyn
Chaplain’s Award -	Mrs Laurie’s Award- Ms Jardine’s Awards-

**Bus Travellers Awards: Congratulations to Toby, Jayde & Kyrah**

### Sports Congratulations



To our Clunes PS Netballers!

Thank you MrsTuddenham and parents for your support!

Well done to our local footy, netball & soccer players!

### CHAPLAIN’S CHAT

#### 8 Things to Remember When Going Through Tough Times...

1. Everything can...and will...change.
2. You’ve overcome challenges before.
3. It’s a learning experience.
4. Not getting what you want can be a blessing.
5. Allow yourself to have some fun.
6. Being kind to yourself is good medicine.
7. Other people’s negativity isn’t worth worrying about.
8. There is always, always, always something to be thankful for.

Have a great week! Blessings, *Julie McDowell* Chaplain

# NAPLAN Online 2019

Clunes Primary School has been selected to participate in NAPLAN Online for 2019. To help schools and staff prepare for the transition online, a School Readiness Test (SRT) will be conducted from within the **20 August – 7 September 2018** time period. (exact dates TBC) The SRT involves all transitioning schools (1000 in Victoria) completing a minimum of one sample online test per NAPLAN year level. The SRT is intended to give schools an opportunity to confirm their ICT capacity, to determine the most effective way to deliver NAPLAN Online and to provide staff with an introduction to the tests.

## Friday 31<sup>st</sup> August – JSC



## Fundraiser

## Gold coin donation

We would like to invite you to help put a smile on the faces of sick children and their families around Australia.



### How your funds help

- Memorable experiences for kids and their families
- Items such as prams, car seats & clothes
- More Distraction Boxes for hospitals, containing therapeutic toys that guide children through painful procedures
- Contributions to funerals & memorials
- Payment of outstanding bills to ease the financial burden on families
- Equipment that can assist in managing conditions and illnesses

Wear your Tracky Dacks to support this fundraiser!

### **Creswick & District Community Bank® Branch Seeks applications or nominations for the 2018 JARED TALLENT AWARD**

**TO BE AWARDED TO  
A JUNIOR SPORTSPERSON FROM OUR DISTRICT  
(Aged 18 or under at 31/8/18)**



### **A \$500 Bank Account & Trophy**

**will be awarded to the person selected  
Applications close 31<sup>st</sup> August 2018  
Copies of the Criteria can be collected from the  
Creswick & District Community Bank® Branch**

6 August 2018

## Parenting kids who want to be boss

If you are locked in a power struggle with a child or youngster, then you'll be forever battling to get some cooperation unless you make some adjustments. The coercive approach won't cut it as they'll refuse outright, or just dawdle along on their own terms.

Any of these situations sound familiar?

You are trying to get a child to do something and they just won't play your game. Your request for help is met with an excuse or, worse, an argument. Reminders about bedtime are met with a defiant, 'NO!' or worse – dawdling. "I'll go to bed later," is the response from some children. It's infuriating!

Most families will have at least one child who insists on getting their way and doesn't like to be told what to do. I call them 'Make me' kids because everything about their demeanour at times wants you to 'Make them' do what they're told. These kids value power and don't shy away from a fight. Some kids refuse to cooperate when the tone and language of coercion is used. These kids value control and want autonomy, so you need to communicate in a way that doesn't trigger their need to wrest control from you.

### ***Avoiding power struggles***

Power struggles between parents and children are common. Often "Because I said so" becomes more important than the issue we are fighting or arguing over.

The key reason for this battle of wills between parents and difficult kids fundamentally comes from a desire for control. <sup>[[L]]</sup><sub>[[SEP]]</sub>If you are locked in a power struggle with a child then you will forever be battling with them for cooperation unless you take a different track with them.

Forget the "Do this and do it now!" approach with these kids.

It may have cut it in the past and it may be effective with 'Well-behaved' kids, but it doesn't cut it these days, particularly with kids who want to be the boss.

These kids refuse to cooperate when the tone and language of coercion is used. These kids value control and want autonomy, so you need to communicate in a way that doesn't trigger their need to wrest control from you.

Such kids respond well to the language of cooperation, which involves giving them a choice, and is more about asking for help than demanding compliance. You don't have to grovel, but you do need to watch your language with these little power-seekers and remember that cooperation is won, not demanded!

### ***Taking a different approach***

Here are some strategies that will increase the likelihood of getting cooperation from kids who like to be the 'Boss':

1. **Don't fight over every issue:** Cut the little 'Boss' some slack and let them make some decisions themselves. If you want a say in every area of their lives then you'll soon find yourself locked in power struggles over relatively inconsequential issues like clothing, bedroom tidiness and food. For instance, if a young child doesn't want to wear a jumper in winter then so be it. There are bigger parenting fish to fry! I see parents exhaust themselves over minor battles so that when big issues come up, they just give in!
2. **Tell them what you will do:** Most of us tell kids what to do, which they promptly ignore. It's far better to tell them what action YOU will take. This subtle shift in language has a huge impact in terms of getting some cooperation from 'Make me' kids. <sup>[[L]]</sup><sub>[[SEP]]</sub>Next time you want to tell you child what to do, catch yourself. Instead, tell them what you are going to do. <sup>[[L]]</sup><sub>[[SEP]]</sub>Here's some examples: "I'll serve ice cream when you are seated at the table." <sup>[[L]]</sup><sub>[[SEP]]</sub>"I'll listen to you when you have calmed down." <sup>[[L]]</sup><sub>[[SEP]]</sub>"I'll drive when you are quiet." <sup>[[L]]</sup><sub>[[SEP]]</sub>Get into the

habit of focusing on what you will do, rather than on what they should do and you'll start to see an shift in terms of getting cooperative behaviour almost immediately.

3. **Let consequences work their magic:** Of course, you need to stop nagging kids about their behaviours and allow them to experience the consequences of some of their poor choices. This removes you from the power struggle and lets experience be their teacher.

Power-hungry or bossy kids challenge parents who are authoritarian by nature, or who were raised in very authoritarian ways. These kids need smarter handling if we are going to get cooperation from them. They are often referred to as stubborn, disobedient, pig-headed and argumentative. The flip side is that they can be strong-willed, assertive and determined individuals.

Either way they can present difficulties to us as parents as we manage them on a day-to-day basis, particularly when they directly challenge us. But with a little change in parenting style, they can grow into wonderful kids who are confident in their abilities and comfortable making independent decisions.



### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.



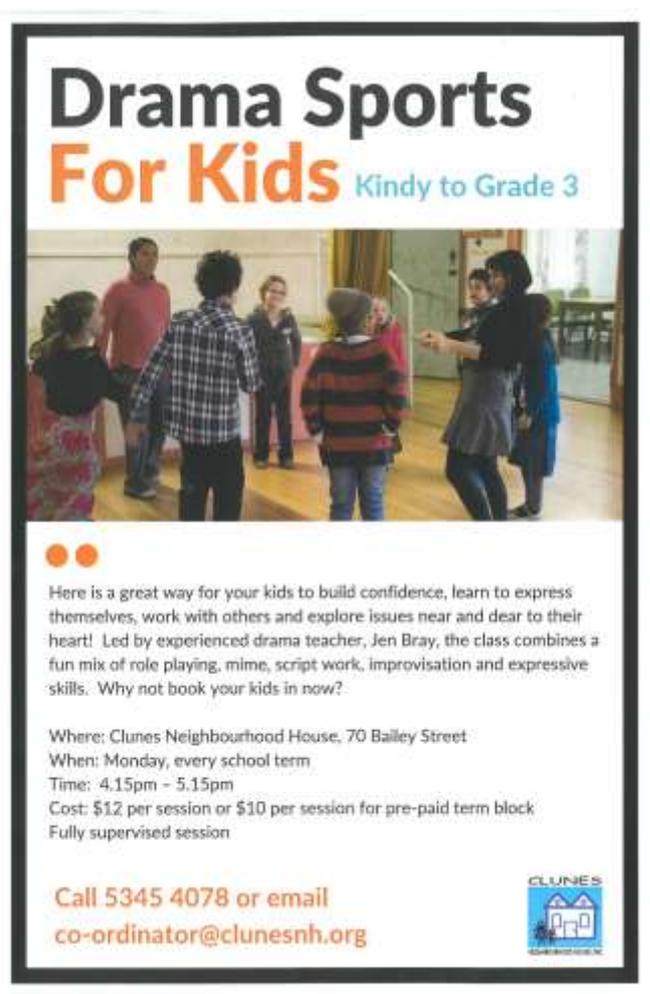
**Trivia Night**

Friday 31st  
August  
6.30 for 7pm

\$80 per  
table of 8

Clunes Primary School  
53453182

Royal  
Wedding  
Theme



## **Drama Sports** **For Kids** Kindy to Grade 3

Here is a great way for your kids to build confidence, learn to express themselves, work with others and explore issues near and dear to their heart! Led by experienced drama teacher, Jen Bray, the class combines a fun mix of role playing, mime, script work, improvisation and expressive skills. Why not book your kids in now?

Where: Clunes Neighbourhood House, 70 Bailey Street  
When: Monday, every school term  
Time: 4.15pm - 5.15pm  
Cost: \$12 per session or \$10 per session for pre-paid term block  
Fully supervised session

Call 5345 4078 or email  
[co-ordinator@clunesnh.org](mailto:co-ordinator@clunesnh.org)



# THE SECRET DOOR

I am running through the palace, the guards will shortly catch me. I am Evan a 13-year-old boy. I am the prince of the kingdom of Elements. I like different types of swords and daggers (to my parents' dismay). At the moment I am meant to be in my room but I escaped, that's why the guards are chasing me. I run around the corner, the guards do not see me, I pause.

There is a place in the palace that no one knows about. I dash down the corridor and push aside a big painting and swing open the door. Inside I have all my swords and my very own armour suit. The silver helmet is glistening in the sun beside my most prized possession, the sword of elements, which is hundreds of years old. It was made by the Elementals, they forged it themselves. It is hanging on the wall next to my armour. The only reason I am here is because I found a little forest Elemental injured in the forest. I brought it back to the palace and hid it here to heal.

Elementals are little creatures. The water Elementals live in villages near rivers, the fire Elementals like the volcano near the forest and the forest Elementals like the forest. I am part elf so I can heal Elementals. I give the injured Elemental some water and some food.

"There you go", I say. It nods appreciatively. I have to go. I put back the painting and sprint down to corridor. I reach my room and open the door. I hear a big BANG!!! The palace bells ring, that means we are being attacked...

I need to get the forest Elemental. Again I dash down the corridor and shove the painting down and to my horror the back wall has come off. There is a man in a black suit, he is holding the sword of Elements! I quickly grab a dagger and throw it at the man, he climbs up just as it was going to hit him. The little forest Elemental is out of its bed, its spear is out and its feet are stomping around like crazy. I gear up. I am laden with weapons.

My friend runs up to me as I exit. "Evan are you ok?" "Yes," I say.

Tani is a 12-year-old she comes from the forest tribe. "Oh isn't he cute?" Tani was looking down at the forest Elemental.

"Yeah. They took the sword of Elements," I say.

"Oh," Tani said.

We dash down the stairs and out of the palace. A guard named Roland blocked our path, "Prince Evan you must come with me."

A fire Elemental was standing next to Roland

"NO! He is coming with me," Tani said.

Before he could answer we were gone.

"Where are we going?" I say.

"My home, it is safe there," Tani said.

We got there after a long time of Roland chasing us and yelling after us, "I have a royal duty to protect you..."

And more boring royal stuff.

**TO BE CONTINUED**

Oops no

**TO BE CONTINUED**

By *Jude Evans* 😊

**Week 1 16-20 July**

Tuesday 17 July: Rolling Facilities Evaluation 7am  
 Wednesday 18 July: Walk to School Program held over until the weather conditions improve  
 Thursday 19 July: Breakfast program begins Responsible Pet Ownership P-2/3 Yr 6 'Heroes' session  
 Friday 20 July: Yr 6 'Heroes' session First payment (deposit) for Year 3- 4 Camp due

**Week 2: 23-27 July**

Tuesday 24 July: NAPLAN Online 2019 Briefing to staff  
 Wednesday 25 July: School Council  
 Thursday 26 July: Yr 6 'Heroes' session  
 Friday 27 July: Yr 6 'Heroes' session

**Week 3: 30 July – 3 August**

Tuesday 31 July: Junior School Council Meeting  
 Thursday 2 August: Yr 6 'Heroes' session- Rehearsals  
 Friday 3 August: Yr 6 'Heroes' session- Rehearsals Year 5/6 Netball Comp- Ballarat

**Week 4: 6-10 August**

Monday 6 August: Staff PD- Cultural Inclusion Training – 3.5 Hrs evening training  
 Yr. 6 Parents informed of Yr 7 school placements  
 Wednesday 8 August: Transition Yrs 6-7 Completed Yr 6 'Heroes' session- Rehearsals  
 Thursday 9 August: Koorie SSGs Yr 6 'Heroes' session- Dress & Tech Runs  
 Mr Hoffmann presenting Mathematics PD to 4 schools at Clunes PS  
 Yr 6 'Heroes' Performances- 2pm & 6pm  
 Friday 10 August:

**Week 5: 13- 17 August Log Cabin Camp 13-15 August Yr 3s & Yr 4s Education Support Staff Week**

Monday 13 August: Log Cabin Camp  
 Tuesday 14 August: Log Cabin Camp  
 Wednesday 15 August: School Captains- Parliamentary Convention- City  
 Thursday 16 August: our National Schools Tree Day- planting day Year 3 /4LM Japanese lesson day!

**Week 6: 20-24 August Book Week Theme- Find your treasure! NAPLAN Online 2019 Trial period 20/8- 7/9.**

Monday 20 August: Prep/1 & 1 /2 visiting Art Gallery of Ballarat for Storyteller session  
 Tuesday 21 August: 2/3D & 3/4LM visiting Art Gallery of Ballarat for Storyteller session  
 Wednesday 22 August: revised date for School Council  
 Friday 24 August: Book Week Parade followed by Focus Day 2-3 @ Clunes Wesley Concert

**Week 7: 27 August- 31 August**

Tuesday 28 August: Indoor Soccer Championship Years 3/4  
 Wednesday 29 August: Indoor Soccer Championship Years 5/6  
 Friday 31 August: JSC Tracky Dax fundraiser School Trivia Night Fundraiser

**Week 8: 2- 7 September Sunday 2<sup>nd</sup> September – 10am -12pm SCHOOL WORKING BEE**

Tuesday 4 September: Junior School Council Meeting trial NAPLAN online today  
 Wednesday 5 September: Hot Lunch Day  
 Friday 7 September: Division Aths- students participating

**Week 9: 10 - 14 September**

Monday 10 September:  
 Wednesday 12 September: School Council meeting  
 Thursday 13 September: School Disco

**Week 10: 17- 21 September**

Tuesday 18 September: Major Games- Daylesford  
 Wednesday 19 September:  
 Thursday 20 September:  
 Friday 21 September: Last Day of Term 3 Footy Parade/ Coin line fundraiser  
**To be confirmed:** Midlands Golf Tournament - TBC, Swimming Program – Term 4 arrangements detailed

