

We learn. We show respect.

Thursday 2nd August 2018

"Golden Past, Bright Futures" Canterbury Street, Vic. 3370 Telephone (03) 5345 3182. Fax (03) 5345 3555 Email: <u>clunes.ps@edumail.vic.gov.au</u>

We are safe. Clunes Primary School

Newsletter

UPCOMING EVENTS

Please see our **DRAFT 3** Term 3 Calendar on the back page

Dear Parents/Caregivers, Annual Parent Opinion Survey

WE WANT OUR PARENTS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is the annual survey offered by the Department of Education and Training (DET) that is conducted amongst a sample of Cases 21 (DET) generated randomly selected parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour and student engagement. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

Approximately 30 per cent of Clunes Primary School parents have been invited electronically this week to participate in this year's survey. All responses to the survey are anonymous. This year the Parent Opinion Survey will be conducted from **Monday 30th July** to **Sunday 26th August**. We strongly encourage you to participate!

The survey will be conducted **online**, only takes **10-15 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones.

The survey results will be reported back to the school at the end of September. As with each year, the survey results will be communicated to parents through multiple access points; annual reporting, School Council, Student Leaders meetings, our Newsletter and our Website. Please speak to Sonia if you would like more information.

BUILDING RESILIENCE THROUGH RHYTHM

DRUMBEAT has started at Clunes Primary School! This award winning program is a structured, small group program used to support emotional development and positive behaviour and teamwork. DRUMBEAT stands for Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts.

Our Chaplain Julie is now running the first DRUMBEAT group and is working with 8 of our students to further develop social and emotional skills for healthy relationships. The sessions, 1 hour for 10 weeks, are designed to quickly engage and promote self-esteem and connection in a safe supportive environment using a Djembe (African drum). Program topics include Harmony, Respect, Teamwork, Tolerance, Peer Pressure, Community, Identity and Communication. The program concludes with a 'performance'; an opportunity for students to share their new-found skills and confidence!

Please check out some of our enthusiastic 3 /4s – our first Drumbeat Team on the following page!

Best wishes to you all for a happy and safe fortnight ahead! Kind regards, Sonia & CPS staff. Here's our first DRUMBEAT Team! They are already becoming skilled in playing the Djembes!



- And And And And	STUDENT OF THE FOR TE Our Term 3 You Ca Persistence – Awards	RM 3 an Do It key is:	- A REAL PROPERTY.
Prep/1B - Megan, Oscar		1/2H – Jessica, Alexis	
Year 2/ 3D- Jay		3/ 4LM- Jakeil	
4 /5T – Kate		5/6 A- Riley, Quinton	
Chaplain's Award- Tara		Mrs Laurie's Award- Henry Ms Jardine's Awards- Zarah, Corina, Cushla, Anthony, Bella & Lacey	

Bus Travellers Awards: Congratulations to our Term 3 Bus Captain Shaylee! Shaylee will do a wonderful job at supporting our travellers to Consider Others and Get Along!

Sports Congratulations- Wishing our school comp Netballers every success as they compete in Ballarat tomorrow! Thank you Mrs Tuddenham and parents for your support! Well done to our local footy, netball & soccer players!

CHAPLAIN'S CHAT

When we go out into the bush and look at trees, we see all these different trees. And some of them are bent and some of them are straight. Some of them are evergreens and some of them are whatever! And we look at the tree and we allow it. We see why it is the way it is. We sort of understand that it didn't get enough light and so it turned that way. And we don't get angry or emotional about it. We just accept it. We appreciate the tree for the way it is.

The minute we get near humans we tend lose all that. And we're constantly saying: "You're too this or I'm too that". That judging mind comes in. So let's practice turning people into trees! Which means appreciating them just as they are.

Have a great week! Blessings, Julie McDowell Chaplain





Reece with the finished product!

Dylan in Year 1- testing the fruit waste bag out!

Our Eco-Warriors have created some new paper bags to support our Resource Smart waste storage and removal in classrooms! Thank you Mrs. Laurie and our very committed and creative Eco-Warriors team!



The 2018 Eco-Warrior Crew (minus Reece)





<u>Junior School Council Meeting- July</u> – Disco & Hot Lunch Day food options discussed with Jo from Parents Group. Never enough Sand Pit spades and considering the features of the design for our Buddy Bench!





TO BE AWAY Please be aware of the changes to the DET Absence notification process included in this Newsletter. From this term onwards you must notify us of any absence by 9.30am on (or before) the day of absence. You will receive a system generated SMS if you do not. Thank you.

Do we have your mobile phone number? **Contact details**



There are times when we will need to contact you via text message or phone call, including on the day if your child is absent and you haven't informed the school about the reason for the absence. From the beginning of this term- Term 3, our school will contact you as soon as practicable on the day a student is absent if information about the absence has not been provided.

Do we have your most up to date contact details? If not, please communicate with the school as soon as possible so we can update our records.

Where you have provided a mobile phone number to the school in the past that is likely to be the number that will be used to contact you. If you see a text message from an unfamiliar number and your child is absent from school without an explanation please make sure you check the message. If we cannot reach you because we don't have your correct contact details (i.e. message notification fail, disconnected number) then we will make contact with any emergency contact/s nominated on your child's file held by the school, where possible, on the same day as the unexplained absence.

If you would not like us to text your mobile phone regarding unexplained student absences please advise the school office as a matter of priority. In this situation an alternative method of contact will need to be provided.

Please remember to call the school on 5345 3182 early in the morning if your child is going to be away or late for school so your child's absence can be recorded correctly. Notification in advance of planned absences (e.g. family holiday/appointments) is strongly encouraged. You have a legal responsibility to ensure that your child attends school as much as possible. Increasing absences across the state are of concern to the Department of Education and they are knuckling down!

Volunteers are required for Term 3 for our Friday Lunch Order delivery please (Roster at the Office) Dates requiring support: July 27, August 10, August 24 & Sept 7. Thank you!

NAPLAN Online 2019

Clunes Primary School has been selected to participate in NAPLAN Online for 2019. To help schools and staff prepare for the transition online, a School Readiness Test (SRT) will be conducted from within the 20 August – 7 September 2018 time period. (exact dates TBC) The SRT involves all transitioning schools (1000 in Victoria) completing a minimum of one sample online test per NAPLAN year level. The SRT is intended to give schools an opportunity to confirm their ICT capacity, to determine the most effective way to deliver NAPLAN Online and to provide staff with an introduction to the tests.

30 July 2018

Win kids' cooperation, don't demand it

BEHAVIOUR



by Michael Grose

Parenting is fun when kids are cooperative, but a nightmare when kids refuse to behave the way you wish they would.

Normally, we would expect kids to cooperate with their parents.

After all, fitting in with the expectations of their family is the start of an important socialisation process.

I'm not talking about blind obedience, but a desire on the child's part to fit in with the expressed needs of their parents and teachers.

But we know from experience things don't always work out that way.

So let's take a closer look at the factors that may be driving their unruly behaviour.

The language has changed

When I grew up, my parents spoke more about obedience than cooperation.

In fact, my Grade 2 school report even had a section about Obedience. (Yep, I got a tick for Obedience that year!)

Developing a relationship with kids before adolescence is like money in the bank: you've got lots of goodwill to draw on when normal teen-parent conflict occurs.

Adults demanded obedience from kids back then...and generally got it.

Corporal punishment was in vogue, which helped keep the troublemakers in line.

But we also lived in a hierarchical society where men were paid more than women, certain races were discriminated against all over the world, and corporal punishment in schools was the order of the day.

Kids were expected to show their elders respect...or else.

These days, thankfully, our society is far less rigid.

All voices are considered equal and mutual respect is an expected social norm.

Adults (parents, teachers, sports coaches, grandparents and others) now must win cooperation from kids, rather than demand obedience.

The question then becomes, what steps can we take to win their cooperation?

Build a relationship first

Co-operation is more likely to be won if you have a healthy, strong relationship with your kids. In fact, parents of teenagers will know that a strong relationship gives them leverage.

Developing a relationship with kids before adolescence is like money in the bank: you've got lots of goodwill to draw on when normal teen-parent conflict occurs.

But it's not just with teenagers that your relationship matters.

Kids in primary school are more likely to side with you when your relationship is strong.

Invite cooperation

Cooperation is usually invited in families.

For instance, if grandma comes to visit you can either tell your kids what to do, or you can invite them to actively participate in the occasion.

"Grandma is coming to stay next weekend. How can we make her visit more fun?" Inviting kids to cooperate encourages them to voluntarily contribute, while keeping your expectations clear.

Kids that usually rebel against their parents' demands (those stubborn "Make me" kids), will often happily cooperate when they are invited rather than told what to do.

Inviting cooperation rather than demanding compliance works gangbusters with young powerseekers and control freaks.

My successful behaviour management book <u>One Step Ahead</u> was based on the premise that parents can work successfully with kids who insist on having their own way as long as they developed a new set of behaviour management skills based on cooperation rather than obedience.

Use the language of cooperation

In the days when obedience ruled parents generally relied on the language of coercion to get kids to help out or do the right thing. "Do this now please!" "Jeremy, I want you to help your sister with her homework."

There is still a place for coercive language in families, but it won't generally work with kids who like to have their own way.

For those kids, cooperative language works far better because they get to feel like they are calling the shots. It's also more respectful as well.

Cooperative language is different than coercive language in both tone of delivery and choice of words.

Cooperative language is generally more friendly, and delivered using an 'adult voice' rather than in the 'demanding parent', or 'whining child' voice.

Here are three types of cooperative language you can use to get more cooperation:

- 1. **Give a choice of two actions:** "If you are going to make a racket play outside; if you want to stay inside please play quietly. What would you like to do?" Giving kids a choice of what to do, or how something will be done will get you cooperation 90% of the time.
- 2. Ask, don't tell: "Can you give me a hand with dinner during the advertisement break?" A little consideration goes a long way.
- 3. **Focus on you, not them:** "I'll put the meal on the table when you've set the table." Focusing on what you will do, rather than on what they should do, is the absolute kicker when it comes to winning cooperation from tough nuts and 'you-can't-make-me' kids.

From my experience mums, are more likely to use the language of cooperation than dads.

Regardless of gender, when you switch to a more collaborative, cooperative tone with your children, you will generally experience far more success getting your kids on your side, and enjoy better quality relationships too.

What's more, you are also teaching your kids, by example, how to gain the cooperation of their own kids when they become parents someday.

Such is the long-term impact of our parenting.

Get the skills and tools to get more cooperation from kids in my webinar <u>Win kids' cooperation</u> without tears, fears and cauliflower ears

Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.

No Walk to School in



RACK

) Day

Term 3

Due to the very cold and sometimes frosty mornings Walk to School will not be held this term. I eagerly look forward to the warmer weather, so we can all resume this fun activity.

Friday 31st August – JSC Fundraiser Gold coin donation tlc for kids

We would like to invite you to help put a smile on the faces of sick children and their families around Australia.





How your funds help

- Memorable experiences for kids and their families
- Items such as prams, car seats & clothes
- More Distraction Boxes for hospitals, containing therapeutic toys that guide children through painful procedures
- Contributions to funerals & memorials
- Payment of outstanding bills to ease the financial burden on families
- Equipment that can assist in managing conditions and illnesses

Wear your Tracky Dacks to support this fundraiser!



TERM 3DRAFT 3PARENT CALENDAR 20182/8/18No Walk to School in Term 3

Week 116-20 JulyTuesday 17 July:Wednesday 18 July:Thursday 19 July:Friday 20 July:	Rolling Facilities Evaluation 7amWalk to School Program held over until the weather conditions improveBreakfast program beginsResponsible Pet OwnershipP-2/3Yr 6 'Heroes' sessionYr 6 'Heroes' sessionFirst payment (deposit) for Year 3- 4 Camp due
Week 2:23-27 JulyTuesday 24 July:Wednesday 25 July:Thursday 26 July:Friday 27 July:Yr 6 'Heroe	NAPLAN Online 2019 Briefing to staff School Council Yr 6 'Heroes' session s' session
Week 3:30 July – 3 ATuesday 31 July:Thursday 2 August:Friday 3 August:	ugustJunior School Council MeetingYr 6 'Heroes' session- RehearsalsYr 6 'Heroes' session- RehearsalsYr 6 'Heroes' session- Rehearsals
Week 4:6-10 AugustMonday 6 August:Tuesday 7 August:Wednesday 8 August:Thursday 9 August:	Staff PD- Cultural Inclusion Training – 3.5 Hrs evening training Yr. 6 Parents informed of Yr 7 school placements Mr Hoffmann presenting Mathematics PD to 4 schools at Clunes PS Transition Yrs 6-7 Completed Yr 6 'Heroes' session- Rehearsals Koorie SSGs Yr 6 'Heroes' session- Dress & Tech Runs
 Friday 10 August: Week 5: 13- 17 August: Monday 13 August: Tuesday 14 August: Wednesday 15 August: Thursday 16 August: 	 Yr 6 'Heroes' Performances- 2pm & 6pm t Log Cabin Camp 13-15 August Yr 3s & Yr 4s Education Support Staff Week Log Cabin Camp Log Cabin Camp School Captains- Parliamentary Convention- City our National Schools Tree Day- planting day
Monday 20 August: Wednesday 22 August:	 ok Week Theme- Find your treasure! NAPLAN Online 2019 Trial period 20/8- 7/9. Preps & 1s visiting Art Gallery of Ballarat for Storyteller session TBC revised date for School Council Book Week Parade followed by Focus Day TBC 2-3 @ Clunes Wesley Concert
Monday 20 August:	Preps & 1s visiting Art Gallery of Ballarat for Storyteller session TBC revised date for School Council Book Week Parade followed by Focus Day TBC 2-3 @ Clunes Wesley Concert
Monday 20 August: Wednesday 22 August: Friday 24 August: Week 7: 27 August- 31 Tuesday 28 August: Wednesday 29 August: Friday 31 August:	Preps & 1s visiting Art Gallery of Ballarat for Storyteller session TBC revised date for School Council Book Week Parade followed by Focus Day TBC 2-3 @ Clunes Wesley Concert August Indoor Soccer Championship Years 3 /4 Indoor Soccer Championship Years 5/6
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Monday 20 August: Wednesday 22 August: Friday 24 August: Week 7: 27 August- 31 Tuesday 28 August: Wednesday 29 August: Friday 31 August: Week 8: 2-7 September Tuesday 4 September: Wednesday 5 September: Friday 7 September: Week 9: 10 - 14 Septe Monday 10 September: Wednesday 12 September:	Preps & Is visiting Art Gallery of Ballarat for Storyteller session TBC revised date for School Council Book Week Parade followed by Focus Day TBC 2-3 @ Clunes Wesley Concert August Indoor Soccer Championship Years 3/4 Indoor Soccer Championship Years 5/6 JSC Tracky Dax fundraiser School Trivia Night Fundraiser School Trivia Night Fundraiser

To be confirmed: Midlands Golf Tournament - TBC, Swimming Program – Term 4 arrangements detailed